

LA BAMBA

LINEDANCE.COM

Count: 56

Wall: 4

Level: beginner/intermediate

Choreographer: Tracie Lee

Music: La Bamba by Clay Walker

- 1-4** Rock forward on right, rock back on left, turn $\frac{1}{2}$ right & step right forward hold
- 5-8** Rock forward on left, rock back on right, turn $\frac{1}{2}$ turn left & step left forward hold
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- 1-4** Step right forward, pivot $\frac{1}{2}$ turn left taking weight to left, step right forward, hold
- 5-8** Step left forward, pivot $\frac{1}{4}$ turn right, step left forward, pivot $\frac{1}{4}$ turn right taking weight to the right foot
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- 1-6** Step left across right, step right to right side, step left behind right, step right to right side, step left across right, step right to right side
- 7-8** Rock back on left behind right, rock forward on right
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- 1-4** Step left forward at 45 degrees left, lock right behind left, step left forward at 45 degrees left, tap right beside left
- 5-8** Step right forward at 45 degrees and bump hips right, bump hips left, bump hips right, hold
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- 1-8** Repeat above 8 counts (lock step & hip bumps)
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- 1-4** Rock left forward across right, rock back onto right turn $\frac{1}{4}$ turn left & step left forward, hold
- 5-8** Step right to right side, step left behind right, rock right to right, replace weight on left
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- The following 8 counts should travel to the left**
- 1-4** Kick right across left twice, step ball of right to right side, step left to left side
- 5-8** Repeat above 4 counts (kick, kick, side, side)

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=27157