

Kick It Up

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Keith & Leanne Davies (Feb 2010, Melbourne, Australia)

Music: Kick It Up by The McClymonts CD Wrapped Up Good

Start dance on vocals.

(1-8) KICK-BALL-STEP, KICK-BALL-STEP, TOE STRUT, TOE STRUT**

1&2 Kick R forward, step R beside L, step L forward

3&4 Kick R forward, step R beside L, step L forward

5-8 Step R toe forward, lower R heel to floor, step L toe forward, lower L heel to floor**

(9-16) ½ MONTEREY, ¼ MONTEREY

1-4 Touch R toe to right side, turn ½ right on ball of L stepping R beside L, touch L toe to left side, step L beside R

5-8 Touch R toe to right side, turn ¼ right on ball of L stepping R beside L, touch L toe to left side, step L beside R

(17-24) VINE RIGHT, TWIST L, R*, L, R

1-4 Step R to right side, step L behind R, step R to right side, step L beside R

5-8 Twist heels left, right*, left, right

(25-32) VINE LEFT, ½ PIVOT, ½ PIVOT

1-4 Step L to left side, step R behind L, step L to left side, touch R beside L

5-8 Step R forward, pivot ½ left taking wt on L, step R forward, pivot ½ left taking wt on L

(33-40) PUSH HIPS RIGHT TWICE, LEFT TWICE, RIGHT, LEFT, RIGHT, LEFT

1-4 Step R forward diagonally and push hips to the right twice, push hips to the left twice

5-8 Push hips right, left, right, left

(41-48) FORWARD ROCK, BACK, KICK, COASTER, HOLD

1-4 Step/rock forward R, recover weight to L, step back R, kick L forward

5-8 Step back L, step R together, step L forward, hold

(49-56) KICK, STEP SIDE, KICK, STEP SIDE, SWIVET*, SWIVET**

- 1-4** Kick R across L, step R to right side, kick L across R, step L to left side
- 5-8** Twist R toe right and L heel left, return to centre***, twist L toe left and R heel right, return to centre

(57-64) TOE STRUT BACK, TOE STRUT BACK, BACK ROCK, TOUCH TOG, HOLD

- 1-4** Step R toe back, lower R heel to floor, step L toe back, lower L heel to floor
- 5-8** Step/rock R back, recover weight to L, touch R beside L, hold

RESTARTS:

On wall 2 after count 22* restart facing the back

On wall 4 after count 8 restart facing 3.00**

On wall 6 after count 22* restart facing 9.00

On wall 8 after count 54* restart facing 3.00**

ENDING: On wall 10 dance to count 52 (the kicks) then twist R toe and L heel ¼ turn right.

**Email: dancinlines@optusnet.com.au - Website:
www.members.optusnet.com.au/dancinlines**