

Gun Control

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Count: 40

Wall: 2

Level: Improver / Intermediate

Choreographer: Laurie Schlekeway-Burkhardt (Nov 2013)

Music: Put the Gun Down by ZZ Ward

No Tags Or Restarts

A[1-8] Heel, hook, shuffle forward, rock forward, shuffle back

- 1-2 - Right heel forward, hook across left leg
- 3&4 - Shuffle forward right, left, right
- 5-6 - Rock forward on left, back on right
- 7&8 - Shuffle backwards left, right, left

B[1-8] Hip sways backwards

- 1-2 - Step right back on right foot swaying hips to the right, tap left toe shoulder-width apart
- 3-4 - Step left back on left foot swaying hips to the right, tap right toe shoulder-width apart
- 5-6 - Step right back on right foot swaying hips to the right, tap left toe shoulder-width apart
- 7-8 - Step left back on left foot swaying hips to the right, tap right toe shoulder-width apart

C[1-8] Kick and out, kick and out, sailor, ½ turn sailor

- 1&2 - Kick right foot forward, step right foot in place, touch left toe out to left side (this move should be bouncy)
- 3&4 - Kick left foot forward, step left foot in place, touch right toe out to right side (again, bouncy)
- 5&6 - Right sailor step - step right foot slightly behind left, step left foot in place, step right foot slightly forward
- 7&8 - Making a half turn, do a left sailor step - make a half turn to the left and step left slightly behind right, step right foot in place, step left foot slightly forward (now facing 6 o'clock)

D[1-8] Diagonal toe struts to the left with movement

- 1-2 - Facing approximately 4 o'clock, cross right foot over left and touch toe, step down on right foot while still crossed over the left
- 3-4 - Touch left toe out to the left, step down on the left
- 5-6 - Cross right foot over left and touch toe, step down on right foot while still crossed over the left

7-8 - Touch left toe out to the left, step down on the left

E[1-8] Making an eventual full turn to the left, step pivot, walk, walk, hip sway right, hip sway left

1-2 - Step right foot over left (3 o'clock position), pivot a half turn facing 9 o'clock, step down on left

3-4 - Walk right, left

5-8 - Make a $\frac{1}{4}$ turn now facing the back wall by stepping out with the right foot (5) and do a hip sway to the right (6), adjust weight to the left foot (7) and sway to the left (8) - it should be smooth enough to look like one fluid movement.

Start over

Contact: dlburky@yahoo.com

Last Update - 13th Oct 2016