

DANCING HEARTS

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Count: 48

Wall: 1

Level: beginner/intermediate waltz

Choreographer: Michael Barr

Music: Their Hearts Are Dancing by The Forester Sisters

Start dance facing the left diagonal

TWINKLE LEFT, TWINKLE RIGHT

1-3 Right foot stride forward on left diagonal, left foot step forward then turn to the right diagonal, right foot step forward

4-6 Left foot stride forward on right diagonal, right foot step forward then turn to the left diagonal, left foot step forward

TWINKLE WITH $\frac{1}{4}$ TURN RIGHT, TWINKLE RIGHT

1-3 Right foot stride forward on left diagonal, left foot step forward then turn to $\frac{1}{4}$ wall right, right foot step side right on right diagonal

4-6 Left foot stride forward on right diagonal, right foot step forward then turn to the left diagonal, left foot step forward

TWINKLE WITH $\frac{1}{4}$ TURN RIGHT - LUNGE (ROCK), RETURN, STEP SIDE TO LEFT DIAGONAL

1-3 Right foot stride forward on left diagonal, left foot step forward then turn to $\frac{1}{4}$ wall right, right foot step side right on right diagonal

4-6 Left foot lunge (rock) forward on right diagonal, return weight onto right foot in place, left foot step side left to left diagonal

STRIDE FORWARD, STEP FORWARD, STEP BACK - STRIDE BACK, STEP SIDE, STEP FORWARD

1-3 Right foot stride forward on left diagonal, left foot step forward, right foot step back

4-6 Left foot stride back, right foot step side right on right diagonal, left foot step forward on right diagonal

STRIDE FORWARD, STEP FORWARD, STEP BACK - STRIDE BACK, DRAG...

1-3 Right foot stride forward on right diagonal, left foot step forward, right foot step back

4-6 Left foot stride back on left diagonal, right foot drag towards left, right foot finish drag next to left (weight stays on left)

TWINKLE LEFT - STRIDE, ¼ TURN LEFT, ¼ TURN LEFT

- 1-3** Right foot stride forward on left diagonal, left foot step forward then turn to right diagonal, right foot step forward
- 4-6** Left foot stride forward on right diagonal, turning ¼ left step back on right foot, turning ¼ left step left foot side left

CROSS, SIDE, BEHIND - STRIDE SIDE LEFT, DRAG...

- 1-3** Right foot stride side left crossing over left, left foot step side left, right foot step side left crossing behind left
- 4-6** Left foot stride left, right foot drag towards left, right foot finish drag next to left (weight stays on left)

THREE STEP (FULL) TURN RIGHT - LUNGE, RETURN, STEP SIDE

- 1-3** Right foot stride ¼ turn right and step forward, left foot step ½ turn right and step back, right foot step ¼ turn right and step side right
- 4-6** Left foot lunge (rock) forward on right diagonal, return weight onto right foot in place, left foot step side left to left diagonal

REPEAT