

# It's Only 'Cause You're Lonely

LINEDANCE.COM

**Count:** 32

**Wall:** 1

**Level:** Beginner - Contra Mixer - Line or Circle

**Choreographer:** Karine Moya (Fr) Sept 2015

**Music:** It's Only 'Cause You're Lonely by Deryl Dodd

## **Intro : 16 Count**

**Start position Circle : Face inside the Circle**

**OR**

**Start position Circle Contra Mixer : The two lines are facing each other, dancers in staggered row**

## **Section 1 : RIGHT VINE ½ TURN, SCUFF, LEFT VINE ½ TURN, SCUFF**

**1 2** Step right to the right side, Step left behind right ,

**3 4¼ Turn right Step right forward, ¼ Turn right Scuff**

**5 6** Step left to the left side, step right behind left ,

**7 8¼ Turn left Step left forward, ¼ Turn left Scuff**

## **Section 2 : STEP RIGHT FORWARD , LEFT HOOK BACK & SLAP, STEP LEFT BACK, RIGHT HOOK BACK & SLAP, STEP RIGHT FORWARD , LEFT HOOK BACK & SLAP, STEP LEFT BACK, RIGHT HOOK ACROSS LEFT & SLAP,**

**1 2** Step right forward, Slap left heel behind right with right hand

**3 4** Step left back, Slap right heel behind left with left hand

**5 6** Step right forward, Slap left heel behind right with right hand

**7 8** Step left back, hook right across left & Slap

## **Option Easy : Slap your right knee**

**RESTARTS : Here Walls 4, 7, 9**

## **Section 3 : RIGHT STEP LOCK STEP, SCUFF, (LINKING PARTNERS RIGHT HAND ½ TURNING RIGHT) 1/8 TURN WALK, 1/8 TURN SCUFF, 1/8 TURN WALK, 1/8 TURN SCUFF**

**1 2 3 4** Step right forward, Lock left behind right, Step right forward, Scuff

## **Linking Partners Right hand during the ½ Turn (Just for CIRCLE CONTRA MIXER)**

**5 6 1/8 Turn right Walk, 1/8 Turn right Scuff**

**7 8 1/8 Turn right Walk, 1/8 Turn right Scuff**

## **Section 4 : , LEFT STEP LOCK STEP, SCUFF, , STEP RIGHT FORWARD, ½ TURN LEFT, RIGHT SIDE POINT, POINT RIGHT BEHIND LEFT & TURN YOUR HEAD TO THE LEFT**

**1 2 3 4** Step left forward, Lock right behind left, Step left forward, Scuff

**5 6** Step right forward, 1/2 Turn left (Weight on left)

**7 8** Touch point right to the right side, Point right behind left & Turn your head to the left

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**Last Update - 12th Nov. 2015**