

On The Floor

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Count: 80 **Wall:** 2 **Level:** Phrased Intermediate

Choreographer: Joanne Wong

Music: On The Floor by Jennifer Lopez ft Pitbull (3:4)

Intro: 2x8 when the heavy beat kicks - Phrasing: AAA BA*AA BA*AA

Part A (40 counts)

SET 1: CORTA JACA, L SAILOR, R SAILOR FULL TURN

- 1&2&** Dig R heel to diagonal L forward, Step LF back, Press R ball to diagonal R back, Step LF fwd
- 3&4** Dig R heel to diagonal L forward, Step LF back, Step RF to R
- 5&6** Step LF behind RF, Step RF next to LF, Step LF to L
- 7&8** Execute 1/2R stepping RF back of LF, 1/2R stepping LF next to RF, Cross RF over LF

(The corta jaca motion in counts 1-4 is moving to the right)

SET 2: LEFT MAMBO, RIGHT MAMBO, 1/4 BACK ROCK SIDE, 1/4R BACK ROCK SIDE

- 1&2** Cross LF over RF, Step RF to R, 1/8L stepping LF back, Hitch R knee (7:30)
- 3&4** Step RF to R, Recover on LF, Close RF next to LF
- 5&6** 1/4L rocking LF back, Recover on RF, 1/4R stepping LF to L
- 7&8** 1/4R rocking RF back, Recover on LF, 1/4L stepping RF to R

SET 3: PROGRESSIVE TURNS

- 1&2&** Cross LF over RF, Step RF to R, 1/8L stepping LF back, Hitch R knee (10:30)
- 3&4** Step back on RF, 1/8L stepping LF to L, Step RF fwd (9:00)
- 5&6&** Cross LF over RF, Step RF to R, 1/8L stepping LF back, Hitch R knee (7:30)
- 7&8** Step back on RF, 1/8L stepping LF to L, Step RF fwd (6:00)

SET 4: 2X BOTA FOGOS, CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE

- 1&2** Cross LF over RF, Rock RF to R, Recover on LF
- 3&4** Cross RF over LF, Rock LF to L, Recover on RF
- 5&6&** Cross Rock LF over RF, Recover on RF, Rock LF to L, Recover on RF
- 7&8** Cross Rock LF over RF, Recover on RF, Step LF to L (A* - Restart after here)

SET 5: 4X 1/4L PADDLE TURNS, HEAD ROLL, BODY/HIP ROLL

- 1&2&** Step RF fwd, 1/4L on LF, Step RF fwd, 1/4L on LF(12:00)
3&4& Step RF fwd, 1/4L on LF, Step RF fwd, 1/4L on LF(12:00)
5-6 Step RF fwd and throw upper torso to left and roll up in a head roll
7-8 Continue head roll with the body/hip roll and sit on LF hip

Part B (40 counts)

SET 1: BODY ROLL, HIP BUMPS, 1/2R PIVOT, FWD SHUFFLE

- 1-2** Step RF fwd and push R hip fwd into a reverse body roll
3&4 Hip bumps forward
5-6 Step LF fwd, 1/2R pivot weight on RF(12:00)
7&8 Step LF fwd, step RF next to LF, Step LF fwd

SET 2: REPEAT SET 1 (end facing 6:00)

SET3: LAMBADA SWAYS, 1/4L LAMBADA SWAYS

- 1-4** Step RF to R and do 4 hip sways R, L, R, L
5-8 1/4L Step RF to R and do 4 hip sways R, L, R, L (3:00)

SET 4: 1/4L LAMBADA SWAYS, 1/4 LAMBADA SWAYS

- 1-4 1/4L Step RF to R and do 4 hip sways R, L, R, L (12:00)**
5-8 1/4L Step RF to R and do 4 hip sways R, L, R, L(9:00)

SET 5: 1/4L LAMBADA SWAYS, RIGHT HIP BUMPS, L HIP BUMPS

- 1-4 1/4L Step Rf to R and do 4 hip sways R, L, R, L (6:00)**
5&6 Bump right hip fwd, Drop hip, Step RF fwd
7&8 Bump left hip fwd, Drop hip, step LF fwd