

Ciao Bella

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Count: 32 **Wall:** 2 **Level:** Beginner / Improver - Samba rhythm

Choreographer: Gordon Timms (Nuline - UK) July 2015

Music: Bella Sirena by The Mario Riccardi Orchestra (3.44 length version)

Musical introduction - 32 Counts. - Start on the vocals... [97 BPM - Track time: 3:44 mins]

Please Note - No Tags Or Restarts!!

Samba Walks, Step Lock Step, Quarter Turn and Side, Diagonal Right 'Volta'

- 1 - 2 Walk Forward Right, Walk Forward Left. (One foot in front of other and use the hips!)
- 3 & 4 Step right forward, lock left behind right, step right forward.
- 5 - 6 Turning $\frac{1}{4}$ turn right step back on left, Step right to right side. (3:00)
- 7 & 8 On a slightly forward diagonal, Cross left over right, step right to right side, cross left over right..

FACES: 3:00

Quarter Turn and Side, Diagonal Left 'Volta', Step, Half Turn Pivot Right, Step, Lock, Step.

- 1 - 2 Turning $\frac{1}{4}$ turn left step back on right, Step left to left side. (12:00)
- 3 & 4 On a slightly backward diagonal, Cross right over left, step left to left side, cross right over left.
- 5 - 6 Step back on Left pivot $\frac{1}{2}$ turn right (5) Step forward on to Right (6) (6:00)
- 7 & 8 Step left forward, lock right behind left, step left forward.

FACES: 6:00

Step, Touch, Low Kick Across, Side Step, & Touch, Two low flicks, Behind Side Cross.

- 1 - 2 Step right to right side, touch left toe next to right instep. (Keep weight on Right)
- 3 & 4 Low kick forward on left over right, long step left to left side, touch right foot next to left.
- 5 - 6 With the Right foot, flick it twice on the Right diagonal (1)(2) keeping the toe pointing down!!

7 & 8 Step Right behind Left, step Left to Left side, cross step Right over Left.

FACES: 6:00

'Boto Fogos' to the Right and Left, Rock, Replace, Sway, Modified Forward Coaster Step.

1 a 2 Rock left out to left side, recover on to right, travelling slightly forward cross left over right.

3 a 4 Rock right out to right side, recover on to left, travelling slightly forward cross right over left.

5 - 6 Rock Left out to Left side (5) Recover weight on to Right(6)

7 & 8 Sway weight on to Left, Step Right next to Left, Step Left slightly forward..

FACES: 6:00

FINISH: Last strains of music....! Facing the front...two 'Corta Jaca' steps look good at the end?)

NOTE: Kicks and Flicks in Latin dances are always done from the knee action...keeping the toe of your foot pointing down to the floor.

ENJOY THE DANCE!

Line Dance Latin with Gordon & Glenys (UK)

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I am dedicating this dance to a dear line dance friend and instructor - Sally George - Eugene - Oregon - USA.