

# Heavy Duty Beauty

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** Beginner / Intermediate

**Choreographer:** Larry Bass (6-10-2009)

**Music:** "Heavy Duty Beauty" (Radio Dance Edit) by Taylor Made

## FORWARD DIAGONALS, BACK DIAGONALS; FORWARD SHUFFLE, STEP PIVOT

- 1-2** Step Right forward at right diagonal; Step Left forward at left diagonal
- 3-4** Step Right back at right diagonal; Step Left back at left diagonal
- 5&6** Shuffle forward Right, Left, Right
- 7-8** Step Left forward; Pivot  $\frac{1}{2}$  turn right onto Right

## FORWARD DIAGONALS, BACK DIAGONALS; FORWARD SHUFFLE, STEP PIVOT

- 9-10** Step Left forward at left diagonal; Step Right forward at right diagonal
- 11-12** Step Left back at left diagonal; Step Right back at right diagonal
- 13&14** Shuffle forward Left, Right, Left
- 15-16** Step Right forward; Pivot  $\frac{1}{2}$  turn left onto Left

## SIDE SHUFFLE, ROCK STEP; SWAYS

- 17&18** Shuffle Right, Left, Right to right side
- 19-20** Step Left back; Rock forward onto Right
- 21-24** Step Left to left side swaying hips Left, Right, Left, Right

## SIDE SHUFFLE, ROCK STEP; SWAYS

- 25&26** Shuffle Left, Right, Left to left side
- 27-28** Step Right back; Rock forward onto Left
- 29-32** Step Right to right side swaying hips Right, Left, Right, Left

## FORWARD SHUFFLE, STEP PIVOT; FORWARD SHUFFLE, STEP $\frac{1}{4}$ TURN

- 33&34** Shuffle forward Right, Left, Right
- 35-36** Step Left forward; Pivot  $\frac{1}{2}$  turn right onto Right
- 37&38** Shuffle forward Left, Right, Left
- 39-40** Step Right forward; Turn  $\frac{1}{4}$  turn left onto Left

## **STOMP, STOMP, SLAP, SLAP; HIP ROLLS**

- 41-42** Stomp Right out to right side; Stomp Left out to left side
- 43-44** Slap Right hand on back of Right hip; Slap Left hand on back of Left hip
- 45-48** Roll hips counter-clockwise twice

**Tag: (8 count tag at the end of 1st wall - Repeat the last 8 counts of the dance)**

**INQUIRIES: (Larry Bass PH/FAX 904-737-2144); E-mail: lbass6622@comcast.net**

**6405 Starling Ave. Jacksonville, Fl. 32216**