

Be Myself Again

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Count: 48 **Wall:** 4 **Level:** Advanced

Choreographer: Jeff McQuarrie - Nov 2015

Music: Be Myself Again - Eric Benet

Sec.1 (1-8) Out, Out, & Cross, Side, Sailor Turn w Heel, & Step, Full Turn,

&1&2(Quickly) Step R out to R side, Step L out to L side, Step R next to L & step L over R

3-4&5 Step R to side, Stepping L behind R, (Quickly) Step R to side, Touch L heel forward

&6(Quickly) Step L back Step R across left

7-8 Turn 1/2 left stepping L back, turn 1/2 left stepping R fwd

Sec. 2 (9-16) Step, Touch, Fwd Points (x2), Kick, Sailor

1,2 Step L touch R

&3&4(Quickly) Step back R, touch left toe fwd. Step back L, touch right toe fwd.

&5,6(Quickly) Step Back on R, kick L forward & to the side

7&8 Sailor LRL

Sec. 3 (17-24) Sailor, Syncopated Weave (small steps!), & Point, Hold

1&2(Quickly) Sailor RLR

3&4(Quickly) L behind right, Cross L over R behind

&5&6(Quickly) Switch R over L behind, Switch L over R behind

&7-8(Quickly) Step back on R, L toe point, hold

Sec. 4 (25- 32) & Cross, Hold, Crossing Shuffle, Side-Rock, Recover 1/4 Turn, 1/2 Turn, Full Turn Triple

&1-2(Quickly) Step back on L, Cross R over, Hold

&3&4(Quickly) Step onto L (Again), step R across L. Step onto L (One more time), step R across L

5-6 Rock L to the side, recover, 3/4 turn

7-8&1 Place left foot down, Full turn with triple step RLR (Very fast)

Sec. 5 (33- 40) Point, Kick & Ball-Point, Cross, Side, 1/4 Turn, Sailor

2- Point L to L side

3&4 Kick L forward, & point R to R side

5-6 Cross over R, 1/4 turn to R stepping L back

7&8 Sailor RLR

Sec. 6 (41-48) Dorothy Steps, Pivot 1/2 , 1/2 Turn, Touch

1-2& Step L to fwd L diagonal, step R behind, (Quickly) Step L to side and slightly fwd

3-4& Step R to fwd R diagonal, step L behind, (Quickly) Step R to side and slightly fwd

5-6 Step L forward Pivot 1/2 Turn Clockwise

7-8 Turn 1/2 right and step L back, touch R next to L

Begin Again. No Restarts or Tags.

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