

Ding Ning

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Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Linda Lee & Luvi Ong M'sia (June 11)

Music: Exhorted by Xie Caiyun

Start after (32 counts)

FWD, HOLD, SIDE TOGETHER, BACK, HOLD, SIDE TOGETHER

1-4step L fwd, hold, step R to R side, step L beside R

5-8step R back, hold, step L to L side, step R beside L

FWD ROCK 1/2 TURN L, HOLD, FWD MAMBO HOLD

1-4rock L fwd, , recover on R, 1/2 turn L, stepping L fwd, hold (6.00)

5-8rock R fwd, recover on L, step R back, hold

CROSS SIDE BEHIND, RONDE, BEHIND SIDE CROSS, 1/4, FLICK

1-4cross L over R, step R to R side, step L behind R, ronde R from front to back

5-8step R behind L, step L to L side, cross R over L, make 1/4 turn R, flick back on L (9.00)

R & L, FWD LOCK STEP, HOLD

1-4step L fwd, step R behind L, step L fwd, hold

5-8step R fwd, step L behind R, step R fwd, hold

Enjoy Your Dance

Contact: lindaluvi@gmail.com