

# K Polka

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**Count:** 40                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Kay Needham - Artesia NM, USA - Oct. 2015

**Music:** Una Paloma Blanca by George Baker

## **S1: Walk forward 3, hitch (clap); Walk back 3, touch (clap)**

**1-4**              Left Walk forward 3 (L-R-L) & hitch right knee on 4 (slight hop) (clap optional)

**5-8**              Right Walk back 3 (R-L-R) & touch left beside right (clap optional)

## **S2: Vine Left; Vine Right - (Drunken Schottische)**

**1-4**              Vine left L-R-L , touch R & clap

**5-8**              Vine right R-L-R, touch L & clap

## **S3: (Heel & Toe Polka)**

**1-4**              Touch left heel at a 45° angle, touch left toe beside right foot & shuffle in place (L,R,L)

**5-8**              Touch right heel at a 45° angle, touch right toe beside left foot & shuffle in place (R,L,R)

## **S4: (Jessie Polka)**

**1-4**              Touch left heel forward, step weight on left foot back to center, touch right toe back, touch right toe beside left

**5-8**              Touch right heel forward, step in place on right foot, Touch left heel forward, bend left over knee (hook)

## **S5: Stomp**

**1-4**              Step left, stomp right beside left, step left, on (4) turn ¼ right and hook right foot

**5-8**              Stomp forward on right, left, right; on (8) turn left ½ and hook left foot

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