

# Follow You Home

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**Count:** 64

**Wall:** 2

**Level:** Intermediate - Pop/Disco

**Choreographer:** Liz Lowry (UK) and Adrian Swales (UK) May 2014

**Music:** Follow You Home - Embrace (iTunes )

## **Intro: 32 counts**

### **[1-8] STEP ¼ PIVOT, RIGHT CROSS SHUFFLE. HINGE ½ RIGHT, LEFT CROSS SHUFFLE.**

- 1-2** Step forward Right. Pivot ¼ turn Left.
- 3&4** Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
- 5-6** Turn ¼ Right stepping back Left. Turn ¼ Right stepping Right to Right side.
- 7&8** Cross step Left over Right. Step Right to Right side. Cross step Left over Right (face 3:00).

### **[9-16] SIDE, HOLD, & SIDE, TOUCH. SIDE, HOLD, & ¼ LEFT, ¼ SCUFF.**

- 1-2** Step Right to Right side. Hold.
- &3-4** Step Left next to Right. Step Right to Right side. Touch Left next to Right.
- 5-6** Step Left to Left side. Hold.
- 7&8** Step Right next to Left. Step forward Left turning ¼ Left. Turn ¼ Left scuffing Right forward (face 9:00).

### **[17-24] RIGHT MAMBO FORWARD, LEFT MAMBO BACK. PADDLE ¾ RIGHT.**

- 1&2** Rock forward on Right. Rock back on Left. Step back Right.
- 3&4** Rock back on Left. Rock forward on Right. Step forward Left.
- 5** Step forward Right turning ¼ turn Right.
- &6** Step on ball of Left. Step Right in place turning ¼ turn Right.
- &7** Step on ball of Left. Step Right in place turning ¼ turn Right.
- &8** Step forward on ball of Right. Step Right in place (face 6:00).

### **[25-32] FORWARD ROCK, SHUFFLE ½ LEFT. STEP, ½ PIVOT, 2 WALKS FORWARD.**

- 1-2** Rock forward on Left. Recover weight to Right.
- 3&4** Shuffle ½ turn Left stepping Left, Right, Left (face 12:00).
- 5-6** Step forward Right. Pivot ½ turn Left (face 6:00).
- 7&8** Walk forward Right. Walk forward Left \*\* Restart here wall 2

**[33-40] RIGHT HEEL, SLIP, TOE, SLIP, SAMBA STEP. LEFT HEEL, SLIP, TOE, SLIP, SAMBA STEP.**

- 1&** Step Right heel forward and across Left foot on slight diagonal to Left. Replace weight to Left slipping it slightly leftwards.
- 2&** Step Right toe back. Replace weight to Left slipping it slightly leftwards.
- 3&4** Cross step Right over Left. Step Left to Left side. Replace weight on Right.
- 5&** Step Left heel forward and across Right foot on slight diagonal to Right. Replace weight to Right slipping it slightly rightwards.
- 6&** Step Left toe back. Replace weight to Right slipping it slightly rightwards.
- 7&8** Cross step Left over Right. Step Right to Right side. Replace weight on Left.

**[41-48] JAZZBOX ¼ RIGHT, SCUFF. STEP, SCUFF, STEP, SCUFF.**

- 1-2** Cross step Right over Left. Step Left back.
- 3-4** Step Right to Right side turning ¼ Right. Scuff Left forward (face 9:00).
- 5-6** Step Left forward. Scuff Right forward.
- 7-8** Step Right forward. Scuff Left forward.

**[49-56] FORWARD ROCK, SHUFFLE ¾ LEFT . SIDE, BEHIND, & HEEL, CLAP, CLAP.**

- 1-2** Rock forward on Left. Recover weight to Right.
- 3&4** Shuffle ¾ turn Left stepping Left, Right, Left (face 12:00).
- 5-6** Step Right to Right side. Cross step Left behind Right.
- &7&8** Step back Right. Tap Left heel forward on Left diagonal. Clap. Clap.

**[57-64] BALL CROSS, SIDE, ¼ RIGHT, ¼ RIGHT. RIGHT SAILOR, LEFT SAILOR.**

- &1-2** Step back Left. Cross step Right over Left. Step side Left.
- 3-4** Turning ¼ Right step Right to side. Turning ¼ Right step Left to side (face 6:00).
- 5&6** Step Right behind Left. Step side Left. Step side Right.
- 7&8** Step Left behind Right. Step side Right. Step side Left (face 6:00).

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