

# Lay It All On Me

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**Count:** 32      **Wall:** 4      **Level:** Beginner

**Choreographer:** John Huffman (Nov. 2015)

**Music:** Lay it all on Me by Rudimental ft. Ed Sheeran (Album: We The Generation)

**Intro: Dance starts after 32 counts (approx.16 secs in) Weight on L**

**Weave, Diagonal Rocking Chair**

1-21) Step R to side 2) Step L behind R

3-43) Step R to side 4) Step L across R

5-65) Rock R to R diagonal 6) Recover to L

7-87) Rock R diagonally back 8) Recover to L (12:00)

**Siderock, Recover, Cross, Hold, Side, Behind, 1/4, Hold**

1-21) Rock R to side 2) Recover to L

3-43) Step R across L 4) Hold

5-65) Step L to side 6) Step R behind L

7-87) Turn 1/4 L step L fwd 8) Hold (9:00)

**Rock, Recover, Back, Hold, Back x 3, Hold**

1-21) Rock R fwd 2) Recover to L

3-43) Step R back 4) Hold

5-65) Step L back 6) Step R back

7-87) Step L back 8) Hold (9:00)

**Coaster Step, Hold, Rock, Recover, Side, Touch**

1-21) Step R back 2) Step L to R

3-43) Step R fwd 4) Hold

**5-65) Rock L fwd 6) Recover to R**

**7-87) Step L to side 8) Touch R to L (9:00)**

**Repeat, Have Fun**

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