

# Lady Cowboy

LINEDANCE.COM

**Count:** 64      **Wall:** 2      **Level:** Phrased Intermediate

**Choreographer:** Anne Herd , Australia, April 2017

**Music:** Lady Cowboy by Ru Paul. CD: American - iTunes (3:02)

**Intro: Start 32 beats in weight on L**

**SEQUENCE A A B (TAG) A A B A A A B**

**SECTION A: 32 COUNTS**

**A1: RIGHT AND LEFT TOUCH, TOUCH, COASTER**

**1-2-3&4** Touch R toe fwd. Touch R toe to side, Step back on R, Step L beside R, Step fwd. on R

**5-6-7&8** Touch L toe fwd. Touch L toe to side, Step back on L, Step R beside L, Step fwd. on L

**A2: ROCK FWD. 1/2 TURN SHUFFLE FWD. 1/4 TURN. SIDE SHUFFLE, ROCK BACK**

**1-2-3&4** Rock fwd. on R, Recover to L, Turn 1/2 R, Shuffle fwd. RLR

**5&6-7-8** Turn 1/4 R, Side shuffle L stepping LRL, Rock back on R, Recover to L (9:00)

**A3: 2 X KICKBALL CROSS, SIDE ROCK, BACK ROCK**

**1&2-3&4** Kick R on R 45, Step R together, Cross L over R, Kick R on R 45, Step R together, Cross L over R

**5-6-7-8** Rock R to side, Recover to L, Rock back on R, Recover to L

**A4: TWO X 1/4 PADDLE TURNS, 1/4 JAZZ BOX**

**1-2-3-4** Step fwd. on R, Make paddle turn L, Step fwd. on R, Make paddle turn L

**5-6-7-8** Cross R over L, Turn 1/4 L, Stepping back on L, Step R to side, Step fwd. on L

**SECTION B: 32 COUNTS**

**B1: RIGHT AND LEFT, HEEL & HEEL & DOUBLE HEEL**

**1&2&3-4&** Touch R heel fwd. Step R beside L, Touch L heel fwd. Step L beside R, Touch R heel fwd. twice. Step R beside L

**5&6&7-8&** Touch L heel fwd. Step L beside R, Touch R heel fwd. Step R beside L, Touch L heel fwd. twice. Step L beside R

**B2: RIGHT & LEFT DOROTHY STEPS, PIVOT, 2 X 1/2 PIVOTS**

**1-2&3-4&** Step R foot forward on the diagonal, Lock L behind R, Step forward on R on R diagonal, Step forward on L diagonal, Lock R behind L, Step forward on L

**5-6-7-8** Step forward on R, Pivot ½ L weight on L, Step forward on R, Pivot ½ L weight on L

### **B3: RIGHT AND LEFT, HEEL & HEEL & DOUBLE HEEL**

**1&2&3&4&** Touch R heel fwd. Step R beside L, Touch L heel fwd. Step L beside R, Touch R heel fwd. twice. Step R beside L

**5&6&7&8&** Touch L heel fwd. Step L beside R, Touch R heel fwd. Step R beside L, Touch L heel fwd. twice. Step L beside R

### **B4: 1/4 TURN HIP BUMPS, SIDE BUMPS, 1/4 TURN, HIP BUMPS**

**1&2-3&4** Turn 1/4 L, Step R to side as you bump hips RLR, Step L to side as you bump hips LRL

**5&6-7&8** Turn 1/4 L, Step R to side as you bump hips RLR, Step L to side as you bump hips LRL

**[64]**

**TAG: After you complete section B the first time add the following 16 count tag**

**PIVOT 1/2 SHUFFLE FWD. ROCK FWD. COASTER.**

**1-2-3&4** Step fwd. on R, Pivot 1/2 L, Shuffle fwd. RLR

**5-6-7&8** Rock fwd. on L, Recover to R, Step back on L, Step R beside L, Step L fwd.

### **RIGHT AND LEFT STOMP, HEEL SWIVELS**

**1-2-3-4** Stomp R fwd. on the diagonal, Swivel L towards R, Toe, Heel, Touch L beside R

**5-6-7-8** Stomp L fwd. on the diagonal, Swivel R towards L, Toe, Heel, Touch L beside R.

**Contact: [anneherd@bigpond.com](mailto:anneherd@bigpond.com)**