

# On The Beach

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner

**Choreographer:** Ray Hodson UK - March 2018

**Music:** On the Beach - Chris Rea - 115 bpm

**Starts on the vocals after 16 Counts from the beat (47 Seconds)**

**[1-8] Point Right Forward, Side and Coaster step, Point Left Forward, Side and Coaster step ¼ LEFT.**

- 1-2            Point right forward, Point right to side,
- 3&4           Right Coaster Step.
- 5-6           Point left forward, point left to side,
- 7&8           Left coaster ¼ turn left

**[9-16] CROSS ROCK SIDE SHUFFLE, CROSS ROCK SIDE SHUFFLE,**

- 1-2            Cross Rock Right, recover left.
- 3&4           Side shuffle right, right together right
- 5-6           Cross Rock left, recover right
- 7&8           Side shuffle left, left together left

**[17-24] FORWARD ROCK, BACK SHUFFLE, ROCK BACK FORWARD SHUFFLE,**

- 1-2            Forward Rock Right, recover left.
- 3&4           Back shuffle right, right together right
- 5-6           Back Rock left, recover right
- 7&8           Forward Shuffle, Step left together left

**[25-32] CROSS, SIDE BEHIND & HEEL & SIDE SHUFFLE, ROCK BACK**

- 1,2,           Cross step R over L, step side L,
- 3&4&        Cross step R behind L, step side L, Touch R heel angle fwd right, step back R

**(Styling Note: If you want, as you step back on right flick left up behind yourself)**

- 5&6           Side shuffle left, left together left
- 7-8           Back Rock right, recover left

**Enjoy and smile, and don't forget the sun tan lotion**

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