

Polka Chicken

LINEDANCE.COM

Count: 48

Wall: 1

Level: Phrased Novice / Intermediate - Lilt / Polka

Choreographer: André Deillon - Aug 2016

Music: Bonanza Theme by Lorne Greene (BPM 130)

Intro: 8 Counts, on lyrics - Start position : 1.30 (strating side rear left of the dance floor , can also contra dance)

Séquence : AA BC (A 16 c, B 16 c, C 16 c)

PART A - 16 counts

A1: Step R, Step L, R Shuffle, Step L, Step R, L Shuffle.

1RF Step right forward (1.30)

2LF Step left forward

3RF Step right forward

&LF Step left to right

4RF Step right forward

5LF Step left forward

6RF Step right forward

7LF Step left forward

&RF Step right to left

8LF Step left forward

A2: Side, Close, Side chassé, Cross, side, Coaster step

1RF Side to right (4.30)

2LF Step left to right

3RF Step to right

&LF Step left to right

4RF Step to right

5LF Cross left over right

6RF Step to right

7LF Step left back

&RF Step right to left

8LF Step left forward

Part B - 16 counts

B1: Gallop R, L, Hold, $\frac{1}{4}$ turn left Gallop L, R, Hold

1RF Step right forward (1.30)

&LF Step left close 3 em

2RF Step right forward

&LF Step left close 3 em

3RF Step right forward

4 Hold

5LF $\frac{1}{4}$ turn L, ste left forward(10.30)

&RF Step right close 3em

6LF Step left forward

&RF Step right close 3em

7LF Step left forward

8 Hold

B2: Step R, L, R, Hold, $\frac{1}{4}$ turn left, Gallop L , Hold

1RF Step right forward

2LF Step left forward

3RF Step right forward

4 Hold

5LF ¼ turn L, Step left forward (7.30)

&RF Step right close 3em

6LF Step left forward

&RF Step right close 3em

7LF Step left forward

8 Hold

PART C - 16 counts

C1: Step R, L, R, Hold, Step L, R, L, Hold

1RF Step right forward (1.30)

2LF Step left forward

3RF Step right forward

4 Hold

5LF Step left forward

6RF Step right forward

7LF Step left forward

8 Hold

C2: Gallop R, Hold, ¼ turn left Gallop L, Hold

1RF Step right forward

&LF Step left close 3em

2RF Step right forward

&LF Step left close 3em

3RF Step right forward

4 Hold

5LF ¼ turn L, Step left forward

&RF Step right close 3em

6LF Step left forward

&RF Step right close 3em

7LF Step left forward

8 Hold

&LF ¼ turn left

Contact: andre.deillon@bluewin.ch