

A Little Bit of Nothing

LINEDANCE.COM

Count: 32

Wall: 2

Level: Intermediate - Pulse - Samba

Choreographer: Ronald "RONNIE" Grabs (April - 2014)

Music: Happy (Spiritual South Go Happy in Rio Edit) - 'Special Cut' by Max Sedgley

Alt. music:-

Mas Que Nada by Black Eyed Peas & Sergio Mendes

or any medium Samba

Note: this dance is written in Samba Timing with in a long "1" and a late "&" (change to an "a").

SIDE-BACK ROCK / SIDE-BACK ROCK / SIDE-1/4 L BACK ROCK / FWD. STEP-BACK ROCK

1 a2step right foot to side, cross rock left foot behind right, recover weight on to right,

3 a4step left foot to side, cross rock right foot behind left, recover weight on to left,

5 a6step right foot to side, turn 1/4 to left as you rock back with left foot, recover weight on to right,

7 a8step left foot forward, rock back with right foot, recover weight on to left,

CROSS-1/4 R SIDE ROCK / CROSS-SIDE ROCK / 1/2 R VOLTAS

1 a2cross step right foot in front of left, turn 1/4 to right as you rock left foot to side, recover weight on to right,

3 a4cross step left foot in front of right, rock right foot to side, recover weight on to left,

5turn 1/4 to right and cross step right foot in front of left,

a6step left foot to side, turn 1/8 to right and cross step right foot in front of left,

a7step left foot to side, turn 1/8 to right and cross step right foot in front of left,

a8step left foot to side, cross step right foot in front of left,

CROSS-SIDE ROCK / CROSS-SIDE ROCK / CLOSE-BACK ROCK / CLOSE-BACK ROCK

1 a2cross step left foot in front of right, rock right foot to side, recover weight on to left,

3 a4cross step right foot in front of left, rock left foot to side, recover weight on to right,

5 a6step left foot next to right, rock back with right foot, recover weight on to left,

7 a8step right foot next to left, rock back with left foot, recover weight on to right,

Easy Option: You can change the Closed Mambos to Forward and Back Mambo Rock Steps:

FWD. MAMBO ROCK STEP / BACK MAMBO ROCK STEP

5 a6rock forward with left foot, recover weight an to right, step left foot back,

7 a8rock back with right foot, recover weight an to left, step right foot forward,

FWD. WALK-WALK / FWD. MAMBO ROCK STEP / TRIPLE 1/2 TURN L / VOLTA 1/2 TURN L

1, 2step left foot forward, step right foot forward,

3 a4rock forward with left foot, recover weight an to right, step left foot back,

5 a6step right foot back, turn 1/4 to left stepping left foot to side, turn 1/4 to left stepping right foot forward,

7 a8turn 1/4 to left and cross step left foot in front of right, step right foot slightly diagonally forward and right, turn 1/4 to left and cross step left foot in front of right,

REPEAT

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