

EASTBOUND

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Bodil Lilholt Kristensen

Music: East Bound and Down by Jerry Reed

SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK, ROCK STEP

- 1&2** Step forward on right, step left beside right, step forward right
- 3-4** Rock forward left, recover on right
- 5&6** Step back on left, step right beside right, step back on left
- 7-8** Rock back on right, recover on left

CROSS SHUFFLE LEFT, SIDE ROCK, CROSS SHUFFLE RIGHT, SIDE ROCK

- 1&2** Cross right over left, step left to left side, cross right over left
- 3-4** Rock to the left on left, recover on right
- 5&6** Cross left over right, step right to right side, cross left over right
- 7-8** Rock to the right on right, recover on left

SHUFFLE FORWARD, FULL TURN RIGHT, SHUFFLE FORWARD, ROCK STEP

- 1&2** Step forward on right, step left beside right, step forward on right
- 3-4** Make $\frac{1}{2}$ turn right stepping back on left, make $\frac{1}{2}$ turn right stepping forward on right
- 5&6** Step forward on left, step right beside left, step forward left
- 7-8** Rock forward on right, recover on left

COASTER STEP, ROCK STEP, COASTER $\frac{1}{4}$ TURN, WALK TWICE, RIGHT, LEFT

- 1&2** Step back on right, step left beside right, step forward right
- 3-4** Rock forward on left, recover on right
- 5&6** Step back left turning $\frac{1}{4}$ to the left, step right beside left, step forward on left
- 7-8** Walk forward right, walk forward left

REPEAT