

# Life Without Losing

LINEDANCE.COM

**Count:** 48      **Wall:** 4      **Level:** High Improver

**Choreographer:** Jennie Berry - Wangaratta - Vic - April 2018

**Music:** Sara Evans - Life Without Losing - iTunes.... Album: Stronger

**#32 count intro;**

**Section 1: SIDE DRAG, CROSS SHUFFLE. ½ HINGE TURN, SHUFFLE FORWARD.**

**1.2 Step right to side, big drag left towards right.**

**3&4**      Shuffle right across in front of left, step RLR.

**5.6 Turn ¼ right stepping back on left, turn ¼ right step right to right side.**

**7&8**      Shuffle forward LRL. (6.00)

**Section 2: FORWARD ROCK, ½ TURN SHUFFLE, ½ TURN BACK, COASTER STEP.**

**1.2 Step right forward, rock back on left.**

**3&4**      Turn 180 degrees right, shuffle forward RLR.

**5.6 Turn 180 degrees right, step left back, step right back.**

**7&8**      Coaster: Step left back, step right together, step left forward. (6.00)

**Section 3: ACROSS ¼ TURN, LOCK STEP BACK. ROCK BACK SHUFFLE FORWARD.**

**1.2 Step right across in front of left, step back on left turning 90 degrees right.**

**3&4**      Step right back, lock left across in front of right, step back on right.

**5.6 Step left back, rock forward on right.**

**7&8**      Shuffle forward LRL. (9.00)

**Section 4: HEEL & HEEL, PIVOT ¼, HEEL & HEEL PIVOT ¼.**

**1&2**      Touch right heel forward, step right together, touch left heel forward.

**&3.4 Step left together, step forward on right, pivot 90 degrees left, take weight onto left.**

**5&6**      Touch right heel forward, step right together, touch left heel forward.

**&7.8 Step left together, step forward on right, pivot 90 degrees left, take weight onto left (3.00)**

**Section 5: CROSS SIDE BEHIND  $\frac{1}{4}$  TURN, PADDLE  $\frac{1}{4}$  TURN, SAILOR STEP.**

**1.2 Step right across in front of left, step left to side.**

**3.4 Step right behind left, turn  $\frac{1}{4}$  stepping left forward.**

**5.6 Paddle: Step right forward, turn  $\frac{1}{4}$  left take weight onto left.**

**7&8** Sailor: step right behind left, step left to side, step right forward. (9.00)

**Section 6: PIVOT  $\frac{1}{2}$  TURN, SHUFFLE FORWARD. FULL TURN. WALK FORWARD**

**1.2 Step forward on left, pivot 180 degrees right, take weight on right.**

**3&4** Left shuffle forward LRL

**5.6 Full turn: turn 360 degrees left, take weight onto left.**

**7.8 Walk forward RL. (3.00)**

**[48] Begin again**

**Jennie Berry: 'On line' Boot scooters - mrsjnberry@yahoo.com - 0428 218 233**