

FORCED 2 FEEL

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Neil Cook

Music: Only You by Ashanti

STOMP, STOMP, CLAP, HEEL TWISTS $\frac{1}{4}$ TURN, KICK BALL STEP, BOUNCE $\frac{1}{2}$ TURN

- 1&2** Stomp right, stomp left, clap hands
- &3&4** Twist heels right, left, right and left making $\frac{1}{4}$ turn over right shoulder (3:00)
- 5&6** Right kick, ball, step left forward
- 7&8** Bounce heels making $\frac{1}{2}$ turn over right shoulder (9:00)

TOUCH, BEHIND, UNWIND $\frac{3}{4}$, CROSS ROCK, $\frac{1}{4}$ SAILOR $\frac{1}{4}$ TURN

- 1** Touch right across left
- 2** Sweep right round behind left foot
- 3-4** Unwind $\frac{3}{4}$ turn over right shoulder (6:00)
- 5-6** Rock right across left and recover
- 7&8** Step left behind right making $\frac{1}{4}$ turn to left, step back on right, step forward on left (3:00)

TURNING WEAVE, FORWARD STEP LOCK STEP, RIGHT CHASSE

- 1** Step right foot forward making $\frac{1}{4}$ turn to left (12:00)
- &** Step left foot behind right
- 2** Step right foot to right side making $\frac{1}{4}$ turn to right (3:00)
- &** Step left foot forward making $\frac{1}{4}$ turn to right (6:00)
- 3** Step right foot behind left
- &** Step left foot to left side making $\frac{1}{4}$ turn to right (9:00)
- 4** Step right foot next to left
- 5&6** Step left forward, lock right behind left, step left forward
- 7&8** Step right to right side, step left next to right and step right to right side

STEP SIDE, TOE, HEEL, TOE AND STEP TOUCH, BOUNCE $\frac{1}{4}$ TURN, KICK BALL TOUCH

- 1** Step left to left side
- 2** Touch right toes next to left

- & Touch right heel out diagonally forward to right
- 3 Touch right toes next to left
- & Step right foot out diagonally forward to right
- 4 Touch left toes behind right
- 5&6 Bounce on toes $\frac{1}{4}$ turn over left shoulder (6:00)
- 7&8 Kick left forward, step left in place, and touch right in place

STEP, KICK, AND COASTER STEP, AND STEP, KICK AND COASTER STEP

- 1 Step forward on right
- 2 Kick left forward
- &3 Step left in place, and step back on right
- &4 Step left in place, and step forward on right
- 5 Step forward on left
- 6 Kick right forward
- &7 Step right in place, and step back on left
- &8 Step right in place, and step forward on left

TURN AND GRAPEVINE RIGHT, GRAPEVINE LEFT, STEP, STEP, HIP BUMPS

- 1&2 Step right to right side making $\frac{1}{4}$ turn to left, step left behind right, step right to right side (3:00)
- 3&4 Step left to left side, step right behind left, step left to left side
- 5 Step forward on right
- 6 Step left next to right
- 7&8 Hip bumps left, right left

REPEAT