

# LATIN VIDA

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**Count:** 48

**Wall:** 4

**Level:** intermediate

**Choreographer:** Martin Dale

**Music:** Livin' La Vida Loca by Ricky Martin

## Use Cuban hip action throughout

### FORWARD ROCK/BACK ROCK/SIDE ROCK/TURN

- 1-2 Step forward on left foot, rock back on to right
- 3-4 Step back on left foot, rock forward on to right foot
- 5-6 Step left foot left side, rock back on to right foot while turning  $\frac{1}{2}$  turn to left
- 7 Step left foot next to right
- 8 Hold

### FORWARD ROCK/BACK ROCK/SIDE ROCK/TURN

- 1-2 Step forward on right foot, rock back on to left
- 3-4 Step back on right, rock forward onto left foot
- 5-6 Step right foot right side, rock back on to left foot while turning  $\frac{1}{2}$  turn to right
- 7 Step right foot next to left
- 8 Hold

### LEFT VINE /TURN /SCUFF/FORWARD ROCK/ BACK ROCK

- 1-2 Step left foot to left side, cross right foot behind left
- 3-4 Step left foot to left side while turning  $\frac{1}{4}$  to left, scuff right foot forward
- 5-6 Step forward on right foot, rock back on to left foot
- 7-8 Step back on right foot, rock forward on to left foot

### WALKS/LOCKSTEP

- 1-2 Walk forward right foot
- 3-4 Walk forward left foot
- 5-6 Step forward right, lock left foot behind right
- 7 Step forward right
- 8 Hold

## **PIVOT $\frac{1}{2}$ TURN RIGHT/ $\frac{1}{2}$ PIVOT TURN RIGHT/COASTER**

- 1-2** Step forward on left foot, pivot  $\frac{1}{2}$  turn right
- 3-4** Step forward on left foot, pivot  $\frac{1}{2}$  turn right while keeping weight on left foot
- 5-6** Step back on right foot, step left foot together
- 7** Step forward on right foot
- 8** Hold

## **$\frac{1}{4}$ ROCK TURNS**

- 1-2** Turn  $\frac{1}{4}$  right while stepping side left (bump hips left), rock back on to right foot
- 3-4** Repeat steps 1-2
- 5-6** Repeat steps 1-2
- 7-8** Repeat steps 1-2

## **REPEAT**