

My Tender Heart

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Count: 64

Wall: 4

Level: Intermediate

Choreographer: Katrin Gäbler (July. 2014)

Music: My Tender Heart – Lionel Richie

Intro: 8 counts from the heavy beat, begin on lyrics

[1-8] Cross, Rock, Recover, Chassé Right, Cross Rock, Recover, Chassé ¼ Left

- 1-2** Step right across left, weight back on left 12.00
- 3&4** Step right to right, (&) close left next to right, step right to right 12.00
- 5-6** Step left across right, weight back on right 12.00
- 7&8** Step left to left, (&) close right next to left, step left ¼ left fwd 9.00

[9-16] Prissy Walk R+L, Step, Lock Step, Rock Step, Recover, ¾ Triple Turn Left

- 1-2** Step right across left fwd, step left across right fwd 9.00
- 3&4** Step right fwd, (&) cross left behind right, step right fwd 9.00
- 5-6** Rock left fwd, weight back on right 9.00

7&8¾ Triple Turn on place stepping l,r,l 12.00

[17-24] Step, Touch Back, Shuffle Back, Back, Touch Fwd, Shuffle Fwd

- 1-2** Step right fwd, touch left behind right (Body angled a little left) 12.00
- 3&4** Step left back, close right next to left, step left back 12.00
- 5-6** Step right back, touch left fwd (Body angled a little right) 12.00
- 7&8** Step left fwd, (&) close right next to right, step left fwd 12.00

*****Tag and Restart here in wall 6!*** (9.00)**

[25-32] Sway, Sway, Chassé Right, Sway, Sway, Chassé Left

- 1-2** Step right to right and sway hips right & left 12.00
- 3&4** Step right to right, (&) close left next to right, step right to right 12.00
- 5-6** Step left to left and sway hips left & right 12.00
- 7&8** Step left to left, (&) close right next to left, step left to left 12.00

[33-40] Cross, Side, Sailor Step, Cross, Side, Sailor Turn ½ Left with Cross

1-2 Step right across left, step left to left 12.00

3&4 Cross right behind left, (&) step left to left, step right to right 12.00

5-6 Step left across right, step right to right 12.00

7&8½ turn left and cross left behind right,(&) step right to right, step left across right 6.00

[41-48] Side, Hold, & Side, Touch, Side, Hold, &Side, Touch

1-2 Step right to right, Hold 6.00

3&4(&) close left next to right, step right to right, touch left next to right 6.00

5-6 Step left to left, Hold 6.00

7-8(&) close right next to left, step left to left, touch right next to left 6.00

[49-56] Back Rock, Recover, Shuffle Fwd, Jazz Box with Hold

1-2 Rock right back, recover on left 6.00

3&4 Step right fwd, (&) step left next to right, step right fwd 6.00

5-6 Step left across right, step right back 6.00

7&8 Step left to left, Hold *** Restart here in wall 1 & 3*** 6.00

[57-64] Cross, Sweep, Cross Shuffle, & Point, ¼ Left Down, Step, Step

1-2 Step right across left, sweep left from back to front 6.00

3&4 Step left across right, (&) step right to right, step left across right 6.00

&5-6(&) step right to right, point left to left, ¼ turn left stepping left down 3.00

7-8 Step fwd on right + left 3.00

Tag 4 Counts Tag during wall 6 after count 24 (Shuffle fwd) ! Start over again !

[1-4] Side Left and Hip Sways R,L,R,L

1-4 Step Right And Sway Hips R,L,R,L 9.00

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