

# PROMISES I CAN'T KEEP

LINEDANCE.COM

**Count:** —                      **Wall:** 4                      **Level:** beginner/intermediate

**Choreographer:** Derek Langevin

**Music:** Promises by Def Leppard

**Sequence:** AB, AA, AB, AA, Tag, AB, A to end

**Part B is only done in the 24 counts between the verse and the chorus. After doing Part B the third time, hold 4 counts**

## PART A

### TOUCH, SWING, SAILOR STEP (TWICE)

- 1-2            Touch right foot across left, swing right around behind left
- 3&4           Step right behind left, step left to left, step right out to right
- 5-6           Touch left foot across right, swing left around behind right
- 7&8           Step left foot behind right, step right to right, step left out to left

### STEP ½ TURN, ROCK, RECOVER, COASTER STEP, ROCK, RECOVER, STEP ¼ TURN

- 9-10           Step right forward while turning ½ right, rock forward on left
- 11-12           Recover right, step left back
- &13-14        Step right beside left, step left forward, rock forward on right
- 15-16           Recover left, step back on right with a ¼ turn to right

### SHUFFLE WITH ¼ TURN, "ROCKING CHAIR", ½ TURN JUMPING JACK (OR ½ TURN MONTEREY)

- &17-18        Step left beside left, step right to right with a ¼ turn, rock forward on left
- 19-20           Recover on right, rock back on left
- 21-22           Recover on right, step left to left and right to right simultaneously
- 23-24           Cross feet with right in front, ½ turn over left(ending with weight on left foot)

### Alternate steps:

- 21-22           Recover on right, left to left
- 23-24½ turn over left, touch right to right

## **KICKBALL CHANGE, RIGHT SHUFFLE FORWARD, TOUCH, CROSS, ¼ MONTEREY TURN**

- 25&26** Kick right foot forward, step right beside left, step left beside right
- 27&28** Step right forward, step left beside right, step right forward
- 29-30** Touch left to left, cross left in front of right
- 31-32** Touch right to right, slide right beside left with ¼ turn (keep weight on left)

## **PART B**

### **STEP FORWARD, ½ TURN, SHUFFLE FORWARD, ROCK, RECOVER, COASTER STEP**

- 1-2** Step forward on right foot, ½ turn to left
- 3&4** Step right forward, step left beside right, step right forward
- 5-6** Rock left forward, recover right
- 7-8** Step left back, step right beside left, step left forward

## **REPEAT**

- 9-10** Step forward on right, ½ turn to left
- 11-12** Step right forward, step left beside right, step right forward
- 13-14** Rock forward on left, recover on right
- 15-16** Step left back, step right beside left, step forward on left

### **STEP FORWARD, ½ TURN, ¼ TURN SHUFFLE, BACK COASTER STEP WITH ¼ TURN, HEEL TOUCH WITH DIP, TOUCH**

- 17-18** Step right forward, ½ turn to left
- 19&20** Step right forward with ¼ turn to left, step left beside right, step right to right
- 21&22** Step left behind right with ¼ turn to left, step right beside left, step left forward
- 23-24** Touch right heel forward while bending left knee slightly, touch right toes beside left while standing

## **TAG**

- 1-16** First 16 counts of Part B