

# LESSONS OVER THE YEARS (L O T Y)

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**Count:** 34      **Wall:** 4      **Level:** Beginner/Intermediate level

**Choreographer:** K C & Rosemary Ang (Jan 05)

**Music:** Over The years by Isla Grant

**Start dance after 18 counts**

## 1-8 RIGHT CROSS ROCK, BACK LOCK STEPS, SIDE CROSS, SIDE RECOVER

- 1-2      Cross R over L, recover weight on L,  
3&3&4      Sweep R behind L(&), step R behind L(3), lock step L over R(&), step R back (4)  
5-6      Step to left on L, cross R over L  
7-8      Step left on L(7), recover weight on R

**(Dance steps 1-4 diagonally, facing 10.30 - square up to 12.00 on steps 5-8)**

## 9-16 LEFT CROSS ROCK, BACK LOCK STEPS, SIDE CROSS, SIDE ROCK TOUCH

- 1-2      Cross L over R, recover weight on R  
3&3&4      Sweep L behind R(&), step L behind R(3), lock step R over L(&), step L back (4)  
5-6      Step to right on R, cross L over R  
7&8      Step right on R(7), recover weight on L(&), touch R beside L (8)

**(Dance steps 9-12 diagonally, facing 1.30 - square up to 12.00 on steps 13-16)**

## 17-24 RIGHT FORWARD/LEFT FORWARD SHUFFLE, PIVOT 1/2 TURN, FORWARD SHUFFLE

- 1&2      Step R forward, close L beside R, step R forward  
3&4      Step L forward, close R beside L, step L forward  
5-6      Step R forward, pivot 1/2 turn left  
7&8      Step R forward, close L beside R, step R forward

## 25-32 VINE TO LEFT, VINE TO RIGHT WITH 1/4 LEFT TURN

- 1-2      Step L to left, cross step R behind L  
3&3-4      Step L to left, cross step R over L, rock L to left

**5-6** Recover weight on R, cross step L behind R

**&7-8** Step R to right, cross step L over R, step back on R with a 1/4 turn left (3.00 wall)

### **33-34 STEP BACK, POINT**

**1-2** Step back on L, point R to right

### **RESTARTS There are TWO restarts:**

**During Wall 5 (12.00 wall), dance until count 16 and do a 2-count sway to the right and left. Start Wall 6 from count 1, dance again until count 16 and do the 2-count sway to the right and left, restart dance (Wall 7) from count 1.**

### **ENDING**

**During the last wall (Wall 8- starting at 3.00), you will end facing the back wall - to end facing the front wall, do counts 33-34 as follows:**

**Do a 1/2 turn left as you step on L, point R to right and pose.**