

# Before I Fall

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**Count:** 64      **Wall:** 2      **Level:** Improver

**Choreographer:** Jo Woods (September 2015)

**Music:** Before I Fall by The Storys. Album: 'Luck'

## **Intro: 16 counts, start on lyrics**

### **S1: R SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, FORWARD, TOUCH**

**1-4**      Step R to R side, touch L to R, step L to L side, touch R to L

**5-8**      Step R to R side, step L next to R, step R forward, touch L to R

### **S2: L SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, FORWARD, BRUSH**

**1-4**      Step L to L side, touch R to L, step R to R side, touch L to R

**5-8**      Step L to L side, step R next to L, step L forward, brush R forward

### **S3: R ROCKING CHAIR, STEP, ¼ TURN L, CROSS, HOLD**

**1-4**      Rock forward on R, recover onto L, rock back on R, recover on to L

**5-8**      Step R forward, pivot ¼ turn L, cross R over L, hold

### **S4: L WEAVE, SIDE ROCK, RECOVER, BACK ROCK, RECOVER**

**1-4**      Step L to L side, cross R behind L, step L to L side, cross R over left

**5-8**      Rock L to L side, recover onto R, rock L back, recover onto R

### **S5: L LOCK STEP, BRUSH, STEP ½ TURN L, STEP FWD, HOLD**

**1-4**      Step L forward, lock R behind L, step L forward, brush R forward

**5-8**      Step R forward, pivot ½ turn L, step R forward, hold

### **S6: ½ TURN R, TOUCH, ½ TURN R, BRUSH, L LOCK STEP**

**1-4½ turn R stepping back on L, touch R to L, ½ turn R stepping forward on L, brush L forward**

### **(Easier option: Step L forward, touch R to L, step R forward, brush L forward)**

**5-8**      Step L forward, lock R behind L, step L forward, brush R forward

### **S7: STEP R FORWARD, TOUCH BACK, STEP BACK, TOUCH, R BACK LOCK STEP, HOLD**

**1-4**      Step R forward, touch L behind R, step L back, touch R to L

5-8 Step R back, lock L over R, Step R back, hold

**S8: L COASTER STEP, HOLD, JAZZ BOX, ¼ TURN, CROSS**

1-4 Step L back, step R to L, step L forward, hold

5-8 Cross R over L, step L back making ¼ turn R, step R to R side, cross L over R (6.00)

**TAG 1 (8 counts): End of wall 4 facing (12.00)**

**R SIDE ROCK, CROSS, HOLD, L SIDE ROCK, CROSS, HOLD,**

1-4 Step R to R side, recover on L, cross R over L, hold

5-8 Step L to L side, recover on R, cross L over R, hold

**TAG 2 (16 counts): End of wall 5 facing (6.00)**

**R SIDE ROCK, CROSS, HOLD, L SIDE ROCK, CROSS, HOLD,**

**STEP, ½ TURN L, STEP FWD, HOLD, STEP, ½ TURN R, STEP FWD, HOLD**

1-4 Step R to R side, recover on L, cross R over L, hold

5-8 Step L to L side, recover on R, cross L over R, hold

9-12 Step R forward, pivot ½ turn L, step R forward, hold

13-16 Step L forward, pivot ½ turn R, step L forward, hold

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