

MOVE YA BODY

LINEDANCE.COM

Count: 48

Wall: 4

Level: intermediate

Choreographer: Elissa Scott

Music: Move Ya Body by Nina Sky

The choreographer was Age 12 when this dance was written

RIGHT KICK BALL CHANGE TWICE, ½ TURN, RIGHT SHUFFLE

- 1&2** Kick right forward, step right beside left, step left in place
- 3&4** Kick right forward, step right beside left, step left in place
- 5-6** Step right forward, pivot ½ turn left
- 7&8** Step right forward, step left beside right, step right forward

Facing 6:00

LEFT ROCK, CROSS SHUFFLE, HINGE ½ TURN, COASTER STEP

- 1-2** Rock left to left side, rock onto right in place
- 3&4** Cross left over right, step right to right side, cross left over right
- 5-6** Step right to right side, make ½ turn left stepping left to left side
- 7&8** Step back right, close left beside right, step forward right

Facing 12:00

SYNCOPATED WEAVE RIGHT, RIGHT & LEFT TOE TOUCHES

- 1-2** Cross left over right, step right to right side
- 3&4** Cross left behind right, step right to right side, cross left over right
- 5&6&** Touch right to right side, step right beside left, touch left to left side, step left beside right
- 7&8** Touch right to right side, step right beside left, touch left to left side,

Facing 12:00

Option: during wall 3, (facing 6:00) replace syncopated weave with a full turn right on word "woo"

RIGHT HEEL, HOOK, SHUFFLE, STEP ½ LEFT, LEFT SHUFFLE

- 1-2** Point right heel forward, hook right in front of left

3&4 Step right forward, step left beside right, step right forward

5-6 Step right forward, pivot $\frac{1}{2}$ turn right

7&8 Step left forward, step right beside left step left forward

Facing 6:00

FULL TURN, STEP $\frac{1}{4}$ TURN, KICK BALL POINT, POINT, POINT

1-2-3-4 Full turn left, stepping back on right and forward on left, step $\frac{1}{4}$ turn left

5&6 Kick right forward, step right beside left, point left to the side

7-8 Point left in front, point left to the side

Facing 3:00

LEFT & RIGHT SAILOR STEPS, $\frac{1}{2}$ UNWIND, HIP HUMPS

1&2 Cross left behind right, step right to right side, step left in place

3&4 Cross right behind left, step left to left side, step right in place

5-6-7-8 Touch left toe behind right, unwind $\frac{1}{2}$ turn left, hip bump right, hip bump left

Facing 9:00

Option: during wall 3, (facing 3:00) add a hip roll to the right on word "hot"

REPEAT