

MY FIRST

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Count: 64 **Wall:** 4 **Level:** beginner/intermediate

Choreographer: Kitty de Brouwer

Music: World Of Hurt by Ilse DeLange

STEP SIDE, CHASSE RIGHT, STEP SIDE, CHASSE LEFT

- 1-2** Step right to right side, step left next to right
- 3&4** Step right to right side & slide left beside right, step right
- 5-6** Step left to left side, step right next to left
- 7&8** Step left to left side & slide right beside left, step left

ROCK STEP FORWARD, COASTER STEP, ROCK STEP FORWARD, COASTER STEP

- 9-10** Rock forward right, rock back left
- 11&12** Step right back, & step left together, step right forward
- 13-14** Rock forward left, rock back right
- 15&16** Step left back, & step right together, step left forward

½ PIVOT TURN LEFT (2X), JIVE WALK, FORWARD HEEL

- 17-18** Step forward right, pivot ½ turn left
- 19-20** Step forward right, pivot ½ turn left
- 21-22** Right toe touch to right side, step right forward
- 23-24** Left toe touch to left side, touch left heel in front

CROSS BACK, CHASSE LEFT, CROSS BACK, SIDE SHUFFLE WITH ¼ TURN

- 25-26** Cross step left over right, right step back
- 27&28** Step left to left side & slide right beside left, step left
- 29-30** Cross step right over left, left step back
- 31&32** Step right to right side, & step left next right, step right ¼ turn to right side

SHUFFLE LEFT, ½ PIVOT TURN LEFT, SHUFFLE RIGHT, ¾ PIVOT TURN RIGHT

- 33&34** Step left forward, & step right next left, step left forward
- 35-36** Step forward right, pivot ½ turn left
- 37&38** Step right forward, & step left next right, step right forward

39-40 Step left forward, pivot $\frac{3}{4}$ turn right on ball of right foot

CHASSE LEFT, CROSS ROCK STEP BACK, CHASSE RIGHT, CROSS ROCK STEP BACK

41&42 Step left to left side & slide right beside left, step left

43-44 Cross step right behind left, left step forward

45&46 Step right to right side & slide left beside right, step right

47-48 Cross step left behind right, right step forward

HIP BUMPS LEFT, HIP BUMPS RIGHT

49-50 Step left diagonal forward with hips in front left, hips to the right

51&52 Hips to the left, & hips to the right, hips to the left

53-54 Step right diagonal forward with hips in front right, hips to the left

55&56 Hips to the right, & hips to the left, hips to the right

FULL TURN BODY ROLL WITH TOUCH

57-58 Step left forward, turn $\frac{1}{4}$ body roll to the right on ball of right foot

59-60 Step left forward, turn $\frac{1}{4}$ body roll to the right on ball of right foot

61-62 Step left forward, turn $\frac{1}{4}$ body roll to the right on ball of right foot

63-64 Step left forward, right toe touch beside left

REPEAT