

# AIN'T NO REASON

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**Count:** 56      **Wall:** 2      **Level:** —

**Choreographer:** Eddie Van Herwijnen

**Music:** No Reason To Change by Randy Travis

## **FORWARD, ROCK, SIDE, ROCK, SLOW RIGHT SAILOR, BEHIND**

- 1-2      Step right forward, rock back onto left
- 3-4      Step right to right side, side rock onto left
- 5-6-7      Slow right sailor: step right behind left, step left to left side, step right to right side
- 8      Step left behind right

## **FORWARD, TOUCH & HEEL, FORWARD, FORWARD, TOUCH & HEEL, FORWARD**

- 1-2      Step right forward, touch left toe next to right
- &3-4      Step left back, touch right heel forward, step right forward
- 5-6      Step left forward, touch right toe next to left
- &7-8      Step right back, touch left heel forward, step left forward

## **ACROSS, BACK, ¼ RIGHT, 1/ 4 RIGHT, ROCK, ACROSS, SIDE, ROCK**

- 1-2      Step right across left, step left back
- 3-4      Turn ¼ right stepping right forward, turn ¼ right stepping left to left side (6:00)
- 5-6      Side rock onto right, step left across right
- 7-8      Step right to right side, side rock onto left

## **ACROSS, ROCK & HEEL, HOP/TOE, HOP/HEEL, HOP/TOE, HOP/HEEL, SIDE**

**Easier option: across, rock & heel, across, side, across, side, rock**

- 1-2      Step right across left, rock back onto left
- &3      Step right to right side, touch left heel forward diagonally left
- 4-5      Travel right: hop left across right touching right toe behind left, hop right to right side touching left heel forward
- 6-7      Hop left across right touching right toe behind left, hop right to right side touching left heel forward
- 8      Step left to left side

**Easier option for above 5 beats as follows:**

**4-8** Travel right: step left across right, step right to right side, step left across right, step right to right side, rock onto left

**ACROSS, BACK, ¼ RIGHT, FORWARD, SIDE, ROCK, BEHIND, ROCK ACROSS**

**1-2** Step right across left, step left back

**3-4** Turn ¼ right stepping right forward, step left forward (9:00)

**5-6** Step right to right side, side rock onto left

**7-8** Step right back behind left, rock forward onto left across right

**SIDE, ½ LEFT, FORWARD, ROCK, RIGHT COASTER, FORWARD, TOUCH**

**1-2** Step right to right side, turn ½ left stepping left forward (3:00)

**3-4** Step right forward, rock back onto left

**5&6** Right coaster: step right back, step left together, step right forward

**7-8** Step left forward, touch right toe next to left

**BALL-STEP, FORWARD, ROCK, ½ RIGHT, PIVOT TURN, ¼ RIGHT, TOUCH**

**&1** Ball-step: step ball of right back, step left forward

**2-3-4** Step right forward, rock back onto left, turn ½ right stepping right forward (9:00)

**5-6** Pivot turn: step left forward, pivot ½ right weight on right (3:00)

**7-8** Turn ¼ right stepping left to left side, touch right toe next to left (6:00)

**REPEAT**

**TAG**

**To be done at the end of wall 1 and twice at the end of wall 3 - both facing back**

**& HEEL, HOLD, & HEEL, HOLD, HIP, HIP, HIP, HIP**

**&1-2** Step right to right side, touch left heel forward diagonally left, hold

**&3-4** Step left to left side, touch right heel forward diagonally right, hold

**5-8** Step right to right side swaying hips right, sway hips left, right, left