

# Alone

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**Count:** 32

**Wall:** 4

**Level:** Newcomer

**Choreographer:** Jérôme Ciurana (April 2015)

**Music:** Alone by Selah Sue

**Intro : 16 Count or 9sec under the lyrics do 7 walls complete and do the Tag [F3H] then dance at the end**

**CCW dance**

**[1-8] WALK, WALK, MAMBO STEP, BACK, BACK, SAILOR STEP**

- 1-2** Step RIGHT forward, Step LEFT forward
- 3&4** Rock forward on right, Recover on left, Step RIGHT back
- 5-6** Step LEFT back, Step RIGHT back
- 7&8** Cross LEFT behind right, Step right to right side, Step LEFT in place {sailor step}

**[9-16] POINT, 1/2 TURN, STEP 1/4 TURN, SYNCOPATED WEAVE, POINT**

- 1-2** Touch RIGHT toe back, Pivot 1/2 turn left (weight on right) [6H]
- 3-4** Step LEFT forward, Turn 1/40 turn right (weight on right) [9H]
- 5&6** Cross LEFT in front of right, Step RIGHT to right side, Cross LEFT behind RIGHT
- &7** Step RIGHT to right side, Cross LEFT in front of right
- 8** Touch RIGHT toe to right side

**[17-24] STEP, POINT + SNAP, STEP, POINT + SNAP, BACK, POINT + SNAP, BACK, POINT + SNAP**

- 1-2** Step RIGHT forward, Touch LEFT toe to left side and snap
- 3-4** Step LEFT forward, Touch RIGHT toe to right side and snap
- 5-6** Step RIGHT back, Touch LEFT toe to left side and snap
- 7&8** Step LEFT back, Touch RIGHT toe to right side and snap

**[25-32] JAZZ BOX, STEP 1/2 TURN, STEP 1/2 TURN**

- 1-2** Cross RIGHT over left, Step LEFT back
- 3-4** Step RIGHT to right side, Step LEFT forward
- 5-6** Step RIGHT forward, Turn 1/2 left (weight on left) [3H]

**7-8** Step RIGHT forward, Turn 1/2 left (weight on left) [9H]

**Tag : 4 Temps**

**[1-4] ROCKIN CHAIR**

**1-2** Rock RIGHT forward, Recover weight on LEFT {rock step}

**3-4** Rock RIGHT back, Recover weight on LEFT {rock step}

**I'M ALONE, SNIF SNIF !!!!!!!!!!!**

**Association spirit of country : [spiritofcountry@hotmail.fr](mailto:spiritofcountry@hotmail.fr)**

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