

Absolute Beginners Rumba

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Count: 32 **Wall:** 4 **Level:** Absolute Beginner

Choreographer: Shanthie De Mel , Australia, 10 Jan. 2016.

Music: Absolute Beginners by David Bowie. 115 BPM.

Begin: 64 count intro. Rumba rhythm throughout - Quick-Quick-Slow.

Alternative music: I Just Want To Dance With You by George Strait. Begin on lyrics.

Rotation right. No Tags or Restarts.

ROCK FORWARD. RECOVER. BACK. HOLD. ROCK BACK. REC. FORWARD. HOLD.

1, 2, 3, 4 Rock R forward. Recover L. Step R back. Hold.

5, 6, 7, 8 Rock L back. Recover R. Step L forward. Hold.

ROCK ACROSS. RECOVER. SIDE. HOLD. X2

1, 2, 3, 4 Rock R across L. Recover L. Step R to right. Hold.

5, 6, 7, 8 Rock L across R. Recover R. Step L to left. Hold.

FORWARD. LOCK. FORWARD. HOLD.X2

1, 2, 3, 4 Step R diagonally forward. Lock L behind R. Step R diagonally forward. Hold.

5, 6, 7, 8 Step L diagonally forward. Lock R behind R. Step L diagonally forward. Hold.

SIDE. TOGETHER. BACK. HOLD. SIDE. TOGETHER. 1/4 TURN RIGHT. HOLD.

1, 2, 3, 4 Step R to right. Step L together. Step R back. Hold.

5, 6, 7, 8 Step L to left. Step R together. Turning 1/4 right (3:00) step L to side. Hold. (3:00)

This dance celebrates David Bowie's life & his fine contribution to music.