

# Get Ready For This

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** William Sevone (Oct 2012)

**Music:** "Get Ready For This" by 2Unlimited (125 bpm - (3:42 version) many compilations

**Choreographers note:- Only 125 bpm - but the dance will feel and appear a lot faster.**

**The 'Soft Shoe Shuffles' in section 3 are certainly not new within line dancing - but may need a little practice.**

**Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'.**

**Dance start's on the heavy beat after the call 'Y'all Ready For This....' (approx 17seconds from start of music)**

**2x Lunge/Press-Recover-Together-Hold (12:00).**

1 - 2 Lunge/press right to right side. Recover on left.

3 - 4 Step right next to left. Hold.

5 - 6 Lunge/press left to left side. Recover on right.

7 - 8 Step left next to right. Hold.

**2x Diagonal Back-Together with Arm Press. 2x Side-Together with Arm Press (12:00)**

**9 - 10turning upper body right - (9) step right diagonally back right - pushing forearms forward. (10) Touching left next to right - pull forearms back (1.30).**

**11 - 12turning upper body left - (11) step left diagonally back left - pushing forearms forward. (12) Touching right next to left - pull forearms back (10.30).**

**13 - 14straighten to face Home wall - (13) Step right to right side - pushing forearms forward. (14) Touch left next to tight - pull forearms back.**

**15 - 16 Step left to left side - pushing forearms forward. Touch right next to left - pull forearms back**

**Dance Note: Counts 9-16: Knees slightly bent forward with Elbows out at chest height & clenched fists together**

**RESTART Walls 4 and 10: Restart dance (same wall) from count 1**

**2x Soft Shoe Shuffle. Press. Recover. 1/2 Right Fwd-Side Press-Recover (6:00).**

**17& 18(On the spot) Step right slightly in front of left, slide left back slightly, step right to left toe.**

**19& 20(On the spot) Step left slightly in front of right, slide right back slightly, step left to right toe.**

**Dance Note: Counts 17&18 and 19&20 are performed with weight on the ball of the foot.**

**21 - 22** Press forward onto right. Recover on left.

**23& 24** Turn 1/2 right & step forward onto right, press left to left side, recover on right (6).

**Fwd. 1/2 Sweep. 2x Backward Sailor. Cross. 3/4 Unwind (3:00)**

**25 - 26** Step forward onto left. Turning ½ right - sweep right foot from front to back (12).

**27& 28** Cross right behind left, step left next to right, step right - slightly backward - to right side.

**29& 30** Cross left behind right, step right next to left, step left - slightly backward - to left side.

**31 - 32** Step backward onto right toe (no weight). Pivot ¼ right - keeping weight on left (3).

**TAG Extra Counts: End of Wall 7 there is a 4 count break**

**1 - 2** Rock back on right. Recover on left

**3 - 4stepping right next to left - Raise left arm in the air. Lowering left - raise right arm in the air.**

**Dance Note: when raising hands: Count 3.. lean to right. Count 4.. lean to left.**

**DANCE FINISH: End of the 12th wall - facing home. Placing weight onto both feet after count 32:**

**Raise left arm in the air. Lowering left - Raise right arm in the air.**

**(Dance Note: Left raise - lean to right. Right raise - lean to left)**

**Last Revision - 12th October 2012**