

Overcome

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Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Michael Lynn (Oct '09)

Music: "Overcome" by Alexandra Burke Album: "Overcome"

(Start on heavy beat, 44secs, 70bpm)

BASIC NIGHTCLUB, HIP SWAYS x2, CROSS, UNWIND FULL TURN/SWEEP, WEAVE RIGHT

- 1-2&** Large step left to left side, cross rock right behind left, recover left,
3-4 Step right to right side as you sway hips right, left,
5-6& Cross right over left, unwind full turn left, sweep left,
7&8 Continue the left sweep behind right, step right to right side, cross left over right.

3/4 TURN LEFT, 1/2 TURN RIGHT, WALK BACK x2, RIGHT COASTER STEP, WALK, RIGHT ROCK

- 1&2 1/4 turn left stepping back right, step left 1/4 turn left, step right 1/4 turn left,**
&3-4 1/2 turn right - stepping back on left, step back right, step back left,
5&6 Step back right, step left beside right, step forward right,
7-8 Step forward left, rock forward right.

TAGLET: On wall 5 dance upto count 7 and on count 8 step onto right (instead of rocking) to restart dance.

RECOVER, SAILOR 3/4 CROSS, SIDE STEP, ROCK RECOVER, 1/2 HINGE TURN LEFT, CROSS ROCK RECOVER

- 1** Recover left,
2&3 Make 1/4 turn right stepping right behind left, 1/4 turn right stepping left next to right, make 1/4 turn to the right as you cross right over left,
4-5& Large step left to left side, cross rock right behind left, recover left,
6& Step right 1/4 left, step left 1/4 left,
7-8 Cross rock right over left, recover left.

FULL TURN RIGHT, ROCK RECOVER, 3/4 TURN LEFT, ROCK RECOVER, DRAG/TOGETHER, 3/4 TURN LEFT, SOFT-SPIRAL-LINE

- 1&2&** Step right 1/2 right, step back on left making 1/2 turn right, back rock right, recover left,
- 3&4&** Step right 1/2 left, step left 1/4 left, rock forward right, recover left,
- 5-6&** Drag right beside left for counts 5-6, step onto right for the & count,
- 7-8** Step left 1/4 left, step back onto right making a 1/2 turn left, while softly crossing the left over right into a spiral position (Leaving weight on right to start the dance again).

TAG: On wall 1 dance upto count 32 and add the 8 count tag below.

TAG (danced once after Wall 1 - facing 6 o'clock)

SIDE ROCK, WEAVE, SIDE ROCK, FULL TRIPLE TURN CROSS

- 1-2** Rock left to left side, recover right,
- 3&4** Step left behind right, step right to right side, cross left over right,
- 5-6** Rock right to right side, recover left,
- 7&8** Full triple turn (over right shoulder) - stepping right, left, end crossing right over left.

CHOREOGRAPHER'S NOTE'S

RESTART: On wall 1 dance upto count 32 and add the 8 count tag above.

TAGLET: On wall 5 dance upto count 7 and on count 8 step onto right (instead of rocking) to restart dance.