

HE ROCKS

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Count: 32 **Wall:** 4 **Level:** beginner

Choreographer: Marion Nicholson

Music: He Rocks by Wynonna

- 1-2** Right heel to front 45 degrees, right toe to back 45 degrees
- 3-4** Right heel to front 45 degrees, drop right foot to floor in place
- 5-6** Left heel to front 45 degrees, left toe to back 45 degrees
- 7-8** Left heel to front 45 degrees, drop left foot to floor in place
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- 1-4** Right step/lock (step right forward at 45 degrees, lock left behind, step right forward) scuff left
- 5-8** Vine left with a turn (step left to left, cross right behind, turn $\frac{1}{4}$ turn left on left, tap right beside left)
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- 1-4** Right foot to front 45 degrees, hip bump to right front 2 counts, to left back 2 counts
- 5-8** Right foot to back 45 degrees, hip bump to right back 2 counts, to left front 2 counts
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- 1-2** Sailor step (exaggerated) step right to right, lift left leg to left side
- 3-4** Left behind right, right to right
- 5-6** Sailor step (exaggerated) step left to left, lift right leg to right side
- 7-8** Right behind left, left to left

REPEAT