

# HIGHER GROUND

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate east coast swing

**Choreographer:** Nancy A. Morgan-Fletcher

**Music:** Higher Ground by The Red Hot Chili Peppers

## HEEL AND HEEL AND KICK, KICK, REPEAT

- 1&2** Touch right heel forward, put right next to left as you touch left heel forward
- &3-4** Put left next to right as you kick your right foot forward twice
- &5&6** Put right foot next to left as you touch left heel forward, put left next to right as you touch right heel forward
- &7-8** Put right next to left as you kick your left foot forward twice

## FORWARD ROCK, ½ TURN SHUFFLE, JAZZ BOX SQUARE WITH A TOUCH

- &1-2** Put left next to right as you rock-step forward on right and back on left
- 3&4** As you turn ½ turn to your right, shuffle forward
- 5-6-7-8** Cross left over right, step back on right, step left to left side, touch right foot next to left

## SIDE SHUFFLE, ROCK STEP, VINE LEFT WITH ¼ TURN

- 1&2** Side shuffle to right - step right to right side, step left next to right, step right to right side
- 3-4** Rock back on left and for on right
- 5-6-7-8** Vine left with ¼ turn - step left to left side, step right behind left, step left foot forward as you turn ¼ turn to your right, slightly brush right foot forward

## HEEL AND HEEL AND KICK FORWARD, KICK BACK, ½ TURN STEP, LOCK, STEP, STOMP

- 1&2** Touch right heel forward, put right next to left as you touch left heel forward
- &3** Put left next to right as you kick your right foot forward as you lean your body back
- 4** Kick your right foot straight back as you lean your body forward (this is to counter your balance)
- 5-6-7-8** As you turn ½ turn to your right, set right foot down, lock left foot behind right, step right foot forward, stomp left next to right

## REPEAT