

# NIGHTS AND DAYS

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** intermediate

**Choreographer:** Audrey Watson

**Music:** Oh Carol by Smokie

**Start dance as soon as they start singing**

## WALK, WALK, WALK, LOCK STEP, MAMBO STEP, SHUFFLE STEP BACK

- 1&2** Walk forward on right, left, right (small steps)
- 3&4** Step forward on left, lock right behind left, step forward on left
- 5&6** Rock forward on right, rock back on left, step right next left
- 7&8** Step back on left, step right next left, step back on left

## BACK TURN CROSS, CHASSE LEFT, BACK ROCK SIDE, BEHIND SIDE CROSS

- 1&2** Rock back on right, turn  $\frac{1}{4}$  turn right stepping left to left/side, cross right over left
- 3&4** Step left to left/side, step right next left, step left to left/side
- 5&6** Rock back on right, rock forward on left, step right to right/side
- 7&8** Cross left behind right, step right to right/side, cross left over right

## BACK TURN STEP, LOCK STEP, MAMBO STEP, $\frac{3}{4}$ TURN SHUFFLE

- 1&2** Rock right to right/side, turn  $\frac{1}{4}$  turn left stepping forward on left, step forward on right
- 3&4** Step forward on left, lock right behind left, step forward on left
- 5&6** Rock forward on right, back on left, step right next left
- 7&8** Make a  $\frac{3}{4}$  turn shuffle left stepping, left, right, left

## FORWARD BACK POINT, POINT SIDE $\frac{1}{4}$ FLICK, SHUFFLE FORWARD, STOMP TURN HITCH

- 1&2** Rock forward on right, rock back on left, point right to right/side
- 3&4** Point right toe across left, point right toe to right/side,  $\frac{1}{4}$  turn left flicking right back
- 5&6** Shuffle forward on right, left, right
- 7&8&** Stomp forward on left, bounce heels twice while making a  $\frac{1}{4}$  right, hitch right foot across left shin

**REPEAT**

## **TAG**

**When using the music Oh Carol by Smokie, add the following at the end of Walls 1 & 2**

## **HEEL HITCH, HEEL HITCH**

**1&2&** Touch right heel forward, hitch right across left twice

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=32278](https://www.linedance.com/index.php?f=dance_view&id=32278)