

Manfred's Cha Cha

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Count: 32

Wall: 4

Level: Intermediate

Choreographer: Kenny Teh & Nancy Lee (April 2014)

Music: Manfred's Mambo by El Tatoo Del Tigre

Start dance after 16 counts (exactly 10 sec from start of music)

SIDE, CROSS TOUCH, TOUCH, BEHIND SIDE CROSS, TOUCH TWISTS

- 1 2 3** Step R to R, cross touch left over right, touch left to left
- 4&5** Cross left behind right, step right to right, cross left over right
- 6 7** Touch right about a foot to the right while twisting right heel right, twist right heel left
- 8&1** Twist right heel RLR

(Lean to the right with weight on the ball of right for counts 6 7 8&1)

BEHIND, SIDE, FORWARD SHUFFLE, LEFT & RIGHT MAMBO WITH LEFT FLICK ACROSS RIGHT

- 2 3** Cross right behind left, step left to left
- 4&5** Shuffle forward RLR
- 6&7** Rock Left forward, recover right, step left beside
- 8&1** Rock right forward, recover left, (*) step right beside with left flick across right

(During walls 4 & 7) * Restart 8& Rock right forward (8), recover on L, touch R beside L (&)

ROCK, RECOVER, $\frac{3}{4}$ LEFT TURN SHUFFLE, CROSS TOUCH, TOUCH, RUN BACK

- 2 3** Rock left forward, recover right
- 4&5** Shuffle $\frac{3}{4}$ left turn or $\frac{3}{4}$ left sailor turn (3.00)
- 6 7** Cross touch right over left, touch right to right
- 8&1** Run back RLR

TOUCH BACK, UNWIND $\frac{1}{2}$ LEFT TURN, ROLL HIP, FLICK, $\frac{1}{2}$ RIGHT TURN TOUCH RIGHT FORWARD, RIGHT CHASSE

- 2 3** Touch left toe back, with weight on left make a $\frac{1}{2}$ left turn (9.00)
- 4&5** Weight still on left roll your hips anti clockwise

6 7 Flick your right behind left knee, ½ right turn touch right forward (3.00)

8&1 Right chasse RLR

***1st Restart**

During wall 4 (facing 9:00)

Danced up to 16 count - Section 2

***2nd Restart + Tag**

During wall 7 (facing 3:00)

Danced up to 16 count - Section 2

Add Tag 4 Count

Sway hips RLRL

Contact - Email: kennyteho@yahoo.com