

Mama Told Me - Cha Cha Cha

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Count: 32

Wall: 4

Level: Beginner - Cha Cha Cha

Choreographer: Beate Keller (GER), Feb-04 2013

Music: Mama Told Me Not To Come by Tom Jones & The Stereophonics (123 bpm)

Start: 8 counts from begin the heavy beat on the word "whiskey", (when he sings: want some whiskey)

(1-9) BIG STEP SIDE LEFT, DRAG TO L, LOCK STEP FWD, ROCK FWD, RECOVER, CHASSE RIGHT

1LF big step side left

2, 3RF drag to LF (weight on RF)

4LF step fwd

&RF lock step

5LF step fwd

6RF rock fwd

7LF recover

8RF step side right

&LF step next to

1RF step side right

(10-17) FULL SPOT TURN RIGHT, CHASSE LEFT, FULL SPOT TURN LEFT, CHASSE RIGHT

2LF ¼ turn right and step fwd, ½ turn right

3RF recover and ¼ turn turn right

4LF step side left

&RF step next to LF

5LF step side left

6RF ¼ turn left and step fwd, ½ turn left

7LF recover and ¼ turn left

8RF step side right

&LF step next to RF

1RF step side right

(18-25) CROSS STEP, STEP BACK, LOCK STEP BACK, ROCK BACK, RECOVER, KICK, BESIDE, STEP TURN ¼ RIGHT

2LF cross step over RF

3RF step back

4LF step back

&RF lock step to LF

5LF step back

6RF rock back

7LF recover

8RF kick fwd

&RF step beside LF

1LF step fwd, ¼ turn right (3:00)

(26-32) RECOVER, CROSS STEP, STEP SIDE-BEHIND-SIDE, CROSS STEP, SIDE STEP, CROSS-ROCK-BEHIND, RECOVER

2RF recover

3LF cross over RF

4RF step side right

&LF cross behind RF

5RF step side right

6LF cross over RF

7RF step side right

8LF cross rock behind RF

&RF recover

Start again

Ending:

1-2-3LF step fwd, ½ turn right(1) - RF recover(2) - LF cross over RF(3)

4&5RF step side right(4) - LF cross behind RF(&) - RF step side right(5)

6-7-8 &LF cross over RF(6) - RF step side right(7) - LF cross rock behind RF(8) RF recover(&)... (front)

contact -Email- beate.keller1@gmx.de