

LIFE'S CHANGES

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Count: 32

Wall: 1

Level: intermediate

Choreographer: Myrtle Guice

Music: Remember When by Alan Jackson

RIGHT SCISSOR, RIGHT ½ TURN (2X)

- 1&2** Step right to right side, step left next to right, cross right over left
- 3&4** Turn ¼ right stepping back on left (facing 3:00), turn ¼ right stepping right to right side (facing 6:00), cross left over right
- 5&6** Step right to right side, step left next to right, cross right over left
- 7&8** Turn ¼ right stepping back on left (facing 9:00), turn ¼ right stepping right to right side (facing 12:00), cross left over right

STEP, CROSS, STEP, CROSS ¼ RIGHT TURN, ¾ UNWIND RIGHT TURN, LEFT WEAVE, ROCK, RECOVER

- &1** Step right to right side, cross left over right
- &2** Step right to right side, cross left over right
- &3-4** Turn ¼ right stepping forward on right, cross left over right turning ¾ right with a ronde sweep shifting weight onto left
- 5&6** Step right behind left, step left to left side, cross right over left
- 7-8** Rock left to left side, recover weight onto right

LEFT AND RIGHT SAILORS, ¼ LEFT COASTER TURN, FULL LEFT TURN

- 1&2** Step left behind right, step right in place, step left to left side
- 3&4** Step right behind left, step left in place, step right to right side
- 5&6** Turn ¼ left stepping back on left (9:00), step right together, step forward onto left
- 7** Turn ½ left stepping back on right (facing 3:00)
- 8** Turn ½ left stepping left forward (9:00)

Option: for those who do not wish to make the full turn, walk right, left

ROCK, RECOVER, ½ RIGHT SHUFFLE TURN, ROCK, RECOVER, LEFT ¼ LEFT CHASSE TURN

- 1-2** Rock forward onto right, shift weight onto left

- 3&4** Turning $\frac{1}{2}$ right shuffle right, left, right
- 5-6** Rock forward onto left, shift weight onto right
- 7&8** Chasse left, right, left turning $\frac{1}{4}$ left

REPEAT

TAG

Sway hips from right to left for two counts after dance completions 1,2 and 4

Sway hips from right to left for four counts after the dance completion 6