

# LC POLKA

LINEDANCE.COM

**Count:** 32

**Wall:** 2

**Level:** intermediate

**Choreographer:** Linus Ellis & Cherie Belle Johnson

**Music:** Super Love by Exile

## RIGHT TOE TOUCHES, RIGHT SAILOR SHUFFLE, LEFT TOE TOUCHES, LEFT SAILOR SHUFFLE

- 1 Touch right toe forward
- 2 Touch right toe to right side
- 3 Step right across behind left
- & Step left to left side
- 4 Step right next to left
- 5 Touch left toe forward
- 6 Touch left toe to left side
- 7 Step left across behind right
- & Step right to right side
- 8 Step left next to right

## FORWARD LOCKING SHUFFLES, SIDE TOE TOUCHES, FORWARD HEEL TOUCHES

- 1 Step right forward
- & Step/lock left behind right
- 2 Step right forward
- 3 Step left forward
- & Step/lock right behind left
- 4 Step left forward
- 5 Touch right toe to right side
- & Step right next to left
- 6 Touch left toe to left side
- & Step left next to right
- 7 Touch right heel forward
- & Step right next to left

- 8 Touch left heel forward
- & Step left next to right

### **FORWARD KICK, BACK STEP, TOE TOUCH, FOUR TIMES**

- 1 Kick right forward
- & Step right slightly back
- 2 Touch left toe back
- 3 Kick left forward
- & Step left slightly back
- 4 Touch right toe back
- 5 Kick right forward
- & Step right slightly back
- 6 Touch left toe back
- 7 Kick left forward
- & Step left slightly back
- 8 Touch right toe back

### **KICK BALL CROSS, CROSSED BACK SHUFFLE, STEP BACK**

- 1 Kick right forward
- & Step right back
- 2 Cross left over right
- & Step right back
- 3 Step left back still crossed over right
- 4 Step right back

### **COASTER STEP, FORWARD STEP INTO ½ TURN RIGHT, STEP BESIDE**

- 5 Step left back
- & Step right next to left
- 6 Step left forward
- 7 Step right forward
- & Turn ½ turn right on ball of right
- 8 Step left next to right

**REPEAT**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=27513](https://www.linedance.com/index.php?f=dance_view&id=27513)