

Can't Sleep?

LINEDANCE.COM

Count: 32

Wall: 4

Level: Improver

Choreographer: Dougie D.

Music: Up all night by Take that.(96 B.P.M.)

Intro: 8 Count intro.

Charleston steps.

1-2 swing right leg out and around to touch in front of left, swing right leg out and around to touch behind left

3-4 swing left leg out and around to touch behind right, swing left leg out and around to touch in front of right,

5-8 repeat steps 1-2 and 3-4.

Toe taps x2 on right, coaster step, toe taps x2 on left, coaster step with 1/4 turn left.

1-2 tap right toe in front of left, tap right toe diagonally fwd,

3&4 step back on right,step left beside right, step fwd on right

5-6 tap left toe in front of right, tap right toe diagonally fwd

7&8 step back on left, step right beside left, step fwd on left with 1/4 turn left

Step fwd right, left, fwd mambo, step back left,right, coaster step

1-2 walk fwd right and left,

3&4 step fwd on right,step left in place, step right beside left.

5-6 step back left and right,

7&8 step back on left, step right beside left, step fwd on left

Make 1/4 Turns left x2, run fwd right, left, right and hold, run back left, right, left and hold.

1-2 step right to right side, pivot 1/4 turn left

3-4 repeat steps 1-2,

5&6& run fwd, stepping right, left, right and hold,

7&8& run back, stepping left, right, left and hold

Alt' Music: Dolores by the Mavericks, on Trampoline.

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=77425