MACARENA (WHEELCHAIR)

Count: 16 **Wall:** 4 **Level:** beginner wheelchair dance

Choreographer: Maria Frye

Music: Macarena by Los Del Mar

Adapted for wheelchair dancers by Brenda Jeffery

RIGHT ARM OUT, LEFT ARM OUT, RIGHT PALM UP, LEFT PALM UP

1	Point right arm straight forward
2	Point left arm straight forward
3	Turn right arm palm up
4	Turn left arm palm up

FOLD RIGHT ARM- FOLD LEFT ARM, COVER RIGHT EAR, COVER LEFT EAR

5	Place right hand on left upper arm
6	Place left hand on right upper arm
7	Place right hand over right ear
8	Place left hand over left ear

RIGHT TO LEFT HIP OR LEG, LEFT TO RIGHT HIP OR LEG, RIGHT TO RIGHT WHEEL, LEFT TO LEFT WHEEL

9	Place right hand on front of left hip or on left thigh
10	Place left hand on front of right hip or on right thigh
11	Place right hand on right wheel
12	Place left hand on left wheel

¼ ROLL TO LEFT

13-16	Roll ¼ turn to left over 4 counts

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=29721