

LIVE THE HULA

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Jennie Johns

Music: It's A Love Thing by Keith Urban

POINT, CROSS POINT, DOWN & UP

- 1 Point right foot to right side
- 2 Cross right foot in front of left foot
- 3&4 Bend both knees and roll up
- 5 Point left foot to left side
- 6 Cross left foot in front of right foot
- 7&8 Bend both knees and roll up

Optional arm styling: on 3&4, 7&8 with arms in front of your body

SWEEP, $\frac{3}{4}$ TURN, KICK BALL CHANGE, ROCK STEP, COASTER STEP

- 1-2 Sweep left foot behind around your right foot to make $\frac{3}{4}$ turn left - take weight on left foot
- 3&4 Kick right foot forward, quickly step ball of right foot back to meet left foot, step left foot forward
- 5-6 Rock forward with right foot, step back on left
- 7&8 Step back right foot, step left foot next to right foot, step right foot forward

STEP SLIDES LEFT, HULAS

- 1-4 Step left foot forward at 45 degrees and slide right behind, step forward left, slide right beside left
- 5-6 Hula to the left (hip swivel)
- 7&8 Hula to the left

STEP SLIDES RIGHT, HULAS

- 1-4 Step right foot forward at a 45 degrees and slide left behind, step forward right, slide left beside right
- 5-6 Hula to the left (hip swivel)
- 7&8 Hula to the left

HEEL JACKS, HULA

- &1&2** Step back on right, touch left heel forward, bring left foot home, step right toe beside left foot
- &3&4** Step back on left, touch right heel forward, bring right foot home, step left toe beside right foot
- 5-8** Hula to the left

SAILOR RIGHT, LEFT, RIGHT, LEFT (TRAVELING BACKWARDS)

- 1&2** Step right foot behind left foot, step left foot to the left side, step right foot to the right side
- 3&4** Step left foot behind right foot, step right foot to the right side, step left foot to the left side
- 5&6** Step right foot behind left foot, step left foot to the left side, step right foot to the right side
- 7&8** Step left foot behind right foot, step right foot to the right side, step left foot to the left side

Optional: arm styling when dancing to live, laugh, love: on 1&2, 3&4 -with both arms in front, shoulder high bent at elbows roll arms backwards. On 5&6 - place right arm in front, shoulder height, bent at elbow, hand up with left hand touching right elbow. On 7&8 - place left arm in front, shoulder height, bent at elbow, hand up with right hand touching left elbow

REPEAT