

Disco Rhythm

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Count: 48 **Wall:** 4 **Level:** Beginner

Choreographer: Mary Frances Chua (1.11.11)

Music: Sexy Music by The Nolan Sisters

Intro: 32 count

S1: 2X (Toe Point out, in, out, together)

1R toe point to right side (L hand on waist, R hand point diagonally upward)

2R toe touch next to L (L hand on waist, R hand point downwards towards L)

3(repeat count 1)

4R step together next to L (both hands down to sides)

5-8 Mirror on Left

S2: 2X (Forward Toe, Step, Toe, Step)

1-2R fwd toe, step

3-4L fwd toe, step

5-8 Repeat count 1-2, 3-4 (snap fingers on even count 2, 4, 6, 8)

S3: 2X (Side step, Together, Side, Touch)

1-2R step to right side, L together

3-4R step to side, L touch beside R

5-8 Mirror on Left (fist-rolling clockwise for Section 3)

S4: 4X (Diagonal Step Back, Touch)

1-2R diagonal step back, L touch beside R with clapping hands

3-4L diagonal step back, R touch beside L with clapping hands

5-8 Repeat count 1-2, 3-4

RESTART at 6.00 wall

S5: 2X (Forward Heel, Back Toe Point), ¼ Right Jazz Box Cross

1-4 Twice R heel fwd, R back toe point (weight on left)

5-6R step fwd, ¼ right turn [3.00] L step back

7-8R step together, L cross over R

S6: Hip Bump, Hip Sway, Flick

1&2 Small R hip bump, R L R (hand styling on right side)

3&4 Small L hip bump, L R L (hand styling on left side)

5-6 Sway hip , R L (both hands sway R L)

7-8 Sway hip , R L with a quick R leg flick to the back (both hands sway R L)

ENDING: At 9.00 wall, complete Section 1.

At Section 2, R toe-step (1-2), L toe-step with a ¼ right turn to face 12.00 and pose with weight on left, R hand point diagonally upward and L hand on waist.

Have FUN and ENJOY the music & dance!