

Country Rock

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Count: 64

Wall: 2

Level: Improver / Intermediate

Choreographer: Des Ho (S'pore) Feb. 2016

Music: Too Rock for Country, Too Country for Rock and Roll by Lonnie Mack

Intro: 32 counts from first beat of music (0:14 sec). No Tag, No Restart

***1st 32 counts of the dance**

[1-8] R Toe Strut, L Toe Strut , Jazz Box [12:00]

1 - 4 Touch R toe forward, step R down beside R, touch L toe forward, step L down beside R

5 - 8 Cross R over L, Step back on L, Step R to R, Step L forward

[9-16] R Hip Bump, L Hip Bump, Jazz Box 1/4 Turn [3:00]

1 &2 Point R fwd bump hips fwd (1), bump hips back (&), bump hips fwd stepping down on R (2)

3&4 Point L fwd bump hips fwd (3), bump hips back (&), bump hips fwd stepping down on L (4)

5 - 8 Cross R over L, Step back on L, Make 1/4 turn R stepping on R, Step L Fwd [3:00]

[17-24] Forward Drag Flick, Forward Drag Flick, Paddle 1/4 L, Paddle 1/4 L [9:00]

1 - 4 Step R forward, Drag L backward & flick, Step L forward, Drag R backward & flick

[Hint: the steps look like slow motion movement]

5 - 8 Step R forward, Pivot 1/4L turn on L, Step R forward, Pivot 1/4L turn on L [9:00]

[25-32] Cross Rock, Side Chasse, Cross Rock, 1/4 L Forward Shuffle [6:00]

123&4 Cross R over L, Recover on L, Step R to R, L close to R, Step R to R

567&8 Cross L over R, Recover on R, Step L to L, R close to L, Make 1/4L stepping L forward

****2nd 32 counts of the dance**

[33-40] Cross Touch Back Touch, Rolling Vine [6:00]

1 - 4 Cross R over L, Touch L behind R, Step back on L, Touch L beside L

5 - 8 Make 1/4 turn R stepping R forward, Make 1/2 turn R stepping back on L, Make 1/4 R stepping on R, Touch L beside R

[41-48] Side Chasse, Back Rock, Side Chasse, Back Rock [6:00]

1&234 Step L to L, R close to L, Step L to L, Rock R behind L, Recover on L

5&678 Step R to R, L close to R, Step R to R, Rock L behind R, Recover on R

[49-56] Diagonal Forward Lock Step, Brush, Jazz Box [6:00]

1 - 4 Step L diagonal forward [4:30], Lock R behind L, Step L forward, Brush R forward [4:30]

5 - 8 Cross R over L, (Square off) Step back on L, Step R to R, Cross L over R [6:00]

[57-64] Side Rock Behind Side Cross, Side Rock Coaster Step [6:00]

1 -2 Rock R to R, Recover on L

3&4 Step R behind L, Step L to L, Cross R over L

5 -6 Rock L to L, Recover on R

7 &8 Step back on L, R close to L, Step L forward [6:00]

Repeat & Have Fun!

Option; End of Dance Wall 6: Add 4 counts of shimmy after first 32 counts to end the dance at 12:00

Wall 6: Count 32 to 36

[29-32] 567&8 L Cross Rock, 1/4 L Forward Shuffle (12:00)

[33-36] 1&2 Lunge body with R foot forward & shimmy

3&4 Recover back on L & shimmy

Contact choreographer: beaverct@gmail.com for music & other query

Last Revision: 7 Mar 2016