

NITTY GRITTY

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Count: 48

Wall: 4

Level: intermediate

Choreographer: Gloria Johnson

Music: Put Your Heart Into It by Sherrié Austin

HEEL SWITCHES WITH LONG STEP; HIP BUMPS

- 1&2** Touch right heel forward; step on right foot; touch left heel forward
- &3** Step on left foot; taking a long step forward, step on right foot
- 4** Slide left foot up to right foot and clap hands
- 5-6** Bump hips left twice
- 7-8** Bump hips right twice.

CROSS-STEP, $\frac{3}{4}$ TURN, HIP BUMPS

- 9-10** Touch right toe to right side; cross-step right foot over left
- 11-12** Pivot $\frac{3}{4}$ turn left, clap hands
- 13-14** Bump hips left twice
- 15-16** Bump hips right twice.

"DOWN AND DIRTY" STEP WITH $\frac{1}{2}$ TURN

- 17** Step right foot to right side
- 18-19** Rotate hips right to left
- 20** Slide left foot to right foot (shift weight to left foot)
- 21** Pivoting $\frac{1}{2}$ turn left on left foot, step on right foot
- 22-23** Rotate hips right to left
- 24** Slide left foot to right foot (weight remains on right).

$\frac{1}{2}$ TURN, "DOWN AND DIRTY" STEP .

- 25** Pivoting $\frac{1}{2}$ turn right on right foot, step on left foot
- 26-27** Rotate hips right to left
- 28** Slide right foot to left foot
- 29-30** Bump hips left twice
- 31-32** Bump hips right twice.

RIGHT SIDE SHUFFLES, PIVOT TURNS

- 33&34** Step right foot to right side; step left together; step right foot to right side
- 35&36** Cross-step left foot over right; step right behind left; with feet still crossed, step left foot to right side
- 37-38** Step right foot forward; pivot $\frac{1}{2}$ turn left
- 39-40** Step right foot forward; pivot $\frac{1}{2}$ turn left.

"DIRTY SLIDE" STEP

- 41** Step right foot back
- 42-43** Rotate hips (wiggle) right to left
- 44** Slide left foot back to right
- 45** Step left foot forward
- 46-47** Rotate hips (wiggle) right to left
- 48** Slide right foot forward to left.

REPEAT