

# BEATIN' MY HEAD

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**Count:** 32                      **Wall:** 4                      **Level:** Beginner level

**Choreographer:** Glennys Croston (UK)

**Music:** Beatin' My Head Against The Wall by Danni Leigh - Album 29 Nights (116 bpm)

## Start 20 Counts in on word ?wall?

- 1-2**              Rock back on right, recover on left
- 3&4**              Right Shuffle forward
- 5-6**              Rock forward on left, recover on right
- 7&8**              Left shuffle back
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- 9-10**             Rock back on right, recover on left
- 11&12**            Half turn left triple step
- 13&14**            Half turn left triple step (On triple steps travel slightly forward)
- 15&16**            Right kick ball change
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- 17&18**            Right Kick ball change
- 19&20**            Right chasse ( Side Together Side )
- 21-22**            Rock back on left, recover on right
- 23&24**            Left chasse ( Side Together Side )
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- 25-26**            Rock back on right recover on left
- 27-30**            Right to side left behind, right to side, left cross over right

**31-32 Rock right to side, recover on left with a quarter turn left. E. Mail:  
GlennysCroston@aol.com**