

# Like A Ghost

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**Count:** 64      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Sadiah Heggernes (NOR) Aug 2010

**Music:** 'Ghost', by Fefe Dobson (132 bpm)

## 32 count intro - start on main vocals

There is 1 re-start during wall 3. Dance first 16 counts then start dance from beginning

### Section 1: Side Rock, Recover, Sailor $\frac{1}{4}$ Turn, Rocking Chair

- 1-2**      Rock right to right side. Recover weight onto left
- 3&4**      Cross right behind left. Make  $\frac{1}{4}$  turn right stepping left beside right. Step forward on right.  
3.00
- 5-6**      Rock forward on left. Recover weight onto right.
- 7-8**      Rock back on left. Recover weight onto right

### Section 2: Step, Lock, Shuffle Forward, Monterey $\frac{1}{2}$ Turn

#### 1.2 Step forward on left. Lock right behind left

- 3&4**      Step forward on left. Step right beside left. Step forward on left
- 5-6**      Touch right to right side. Make  $\frac{1}{2}$  turn right on ball of left stepping right beside left. 9.00
- 7-8**      Touch left to left side. Step left beside right

### Re-start here during wall 3 - facing 3.00

### Section 3: Side, Together, Kick Ball Step, Step, Full Turn, Touch Forward

- 1-2**      Step right to right side. Step left beside right
- 3&4**      Kick forward on right. Step right beside left. Step forward on left
- 5-6**      Step forward on right. Make  $\frac{1}{2}$  turn right stepping back on left
- 7-8**      Make  $\frac{1}{2}$  turn right stepping forward on right. Touch left slightly forward

### Section 4: Side Rock, Recover, Sailor $\frac{1}{4}$ Turn, Rocking Chair

- 1-2**      Rock left to left side. Recover weight onto right
- 3&4**      Cross left behind right . Make  $\frac{1}{4}$  turn left stepping right beside left. Step forward on left  
6.00

5-6 Rock forward on right. Recover weight onto left

7-8 Rock back on right. Recover weight onto left

### **Section 5: Step, Slide, Kick Ball Cross, x 2**

1-2 Step right to right side. Slide left beside right (keep weight on right)

3&4 Kick left diagonally forward. Step down on left. Cross right over left

5-6 Step left to left side. Slide right beside left (keep weight on left)

7&8 Kick right diagonally forward. Step down on right. Cross left over right

### **Section 6: Side, Cross, ¼ Turn, Step, ¼ Pivot, Weave**

#### **1.2 Step right to right side. Cross left behind right**

3-4 Make ¼ turn right stepping forward on right. Step forward on left 9.00

5-6 Make ¼ pivot right (weight on right). Cross left over right 12.00

7-8 Step right to right side. Cross left behind right

### **Section 7: Right & Left Diagonal Lock Steps**

1-2 Step right diagonally forward. Lock left behind right

3&4 Step right diagonally forward. Lock left behind right. Step right diagonally forward

5-6 Step left diagonally forward. Lock right behind left

7&8 Step left diagonally forward. Lock right behind left. Step left diagonally forward

### **Section 8: Heel Grind ¼ Turn Right, Rock Back, Heel Grind, Rock Back**

1-2 Rock forward on right heel, grinding heel round turning ¼ turn right. Step slightly back on left 3.00

3-4 Rock back on right. Recover weight onto left

5-6 Rock forward on right heel, grinding heel around Step slightly back on left

7-8 Rock back on right. Recover weight onto left

**Ending: You will end the dance facing 6.00 Step forward on right. Pivot ½ turn left to face 12.00**

**Choreographer's Note: Special thanks to Regina Cheung, Canada for telling me about the music.**