

BODY ROCK

LINEDANCE.COM

Count: 40 **Wall:** 4 **Level:** beginner

Choreographer: Cindi Talbot

Music: Everybody (Backstreet's Back) by The Backstreet Boys

- 1-4** Step back-turning body at an angle with each step-right-left-right-left
- 5&6** Step slide step right-left-right to the right-pushing right hip out
- 7&8** Step slide step left-right-left to the left-pushing left hip out

- 9-12** Walk forward swaying body by pushing hips forward -right-left-right-left
- 13&14** Step slide step right-left-right to the right
- 15&16** Step slide step left-right-left to the left

- 17-18** Long step to right, leaning body left, slide left foot to meet right
- 19&20&** Rock hips-left-right-left return weight to right foot
- 21-22** Long step to left, make ½ turn by swinging body to the left and step right next to left
- 23&24** Rock shoulders-right-left-right-(right shoulder goes down first, as left goes up)

- 25-26** Long step left, leaning body right, slide right foot to meet left
- 27&28&** Rock hips right-left-right, (bring weight back on left)
- 29-30** Long step right, make ½ turn by swinging body to the left and step left next to right
- 31&32** Rock shoulders left-right-left

- 33&34** Right-kick ball change
- 35-36** Step right forward & pivot ¼ left
- 37-38** Step right over left, touch left toe side
- 39-40** Step left over right, touch right toe side

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=62895