

# Bailando (No Stress)

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Michael O'Shea - Ireland. June 2016

**Music:** 'Bailando' by Enrique Iglesias feat Sean Paul

## #32 count Intro

### Mambo Fwd & Back Rock 1/2 Turn, 1/2 Turn, Rock & Back & Back

**1&2&** Rock right foot fwd, replace weight to left, step back right, close left to right (&)

**3&4**rock back right, replace weight to left, turn 1/2 turn left stepping back onto right foot

**5**turning 1/2 turn left step forward left

**6&**rock fwd right, replace weight to left

**7&8**step back right, close left to right, step back right (6:00)

### Coaster Cross, Side Rock Cross, Side Rock, Cross, Back, Side, Touch, Side

**1&2**step back left, close right to left, step left across right

**3&4**rock right to right side, replace weight to left, cross right over left

**5&**rock left to left diagonal, replace weight to right

**6&7**cross left over right, step back right, step left to left side

**&8**touch right beside left, step right to right side

### Back Rock, Side, Back, Rock, 1/4 Turn, Pivot Full Turn, 1/4 Side, Cross &

**1-2&**rock back left, replace weight to right, step left to left side

**3-4&**rock back right, replace weight to left, step right 1/4 turn right

**5&6**step fwd left, pivot 1/2 turn right, step left back 1/2 turn right (completes a full turn)

**7**step right 1/4 turn right to right side

**8&**cross left over right, step right to right side

## **Cross, Side, Chasse 1/4 Turn, Kick Ball Side Rock, Step & Clap**

**1-2**cross left over right, step right to right side

**3&4**turning 1/4 turn left - chasse left, right, left

**5&6**&kick right foot fwd, replace weight to right, rock left to left side, replace weight to right

**7&8** Step fwd left, HOLD double clap

**Styling Note: Claps are Spanish style, clapping hand palms at right ear height.**

**Bailando & Enjoy!**

**TAG wall 5 (Home wall 12:00)**

**Dance up to count 4 of section 2 & add the following - chasses with clicks:**

**5&6**step left to left, close right to left, step left to left side

**7&8**&step right to right, close left to right, step right to right, close left to right

**Styling Note: Click fingers Spanish style on each count of 5&6 - 7&8**

**Raise right arm in front of left as you drop left arm down on the clicks 5&6**

**drop right arm & raise left arm in front of right on clicks 7&8**

**Head turns to the left on 5&6, turn head to right on 7&8. Have fun with it & give it some attitude!**

**Released at Dance Crazy's Summer Sizzler Event. michael@inline.ie - www.inline.ie**