

# I've Been Lost

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**Count:** 32      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Christien van Londen, Netherlands, Jan. 2009

**Music:** Loving You Makes Me A Better Man by Vince Gill [96bpm] Album: For Love of the Game

**Intro: 16 counts intro, start on vocals.**

**Side, Rock, Recover, Side Shuffle, Press Ball, Sweep, Behind, Side, Cross.**

- 1            Step left to left side
- 2-3        Rock back on right, recover on left
- 4&5        Step right to right side, step left next to right, step right to right side
- 6-7        Step left forward (press ball), recover on right sweeping left around
- 8&1        Step left behind right, step right to right side, cross left over right

**Make 1/2 Turn, Step Back, Step Lock Step, Side, Behind, Step Lock Step.**

- 2-3        Turn  $\frac{1}{2}$  right (weight on left), step back on right
- 4&5        Step forward on left, lock right behind left, step forward on left
- 6-7        Step right to right side, step left behind right
- 8&1        Step forward on right, lock left behind right, step forward on right

**Rock, Recover, Hitch, Coaster Step, Point, 1/4 Turn, Step Lock Step.**

- 2-3&       Rock forward on left, recover on right, hitch left knee
- 4&5        Step back on left, step right next to left, step forward on left
- 6-7        Point right toe out to right, turn  $\frac{1}{4}$  right on left foot (now right toe points forward)
- 8&1        Step forward on right, lock left behind right, step forward on right

**Step, 1/2 Turn, Step Lock Step, Step, 1/2 Turn, Sweep, Rock, Recover.**

- 2-3        Step forward on left, turn  $\frac{1}{2}$  right (change weight on right)
- 4&5        Step forward on left, lock right behind left, step forward on left
- 6-7        Step forward on right, turn  $\frac{1}{2}$  left on right foot, sweeping left around
- 8&         Rock back on left, recover on right

**REPEAT**